



# NEWSLETTER

April 19, 1994

Volume 11, Number 3

John G. Palmer, Editor

Chapter 2613

## MONTHLY MINISTRATIONS

April 19



Learning about exercise is very important for everyone including seniors. In my opinion, much of what I hear seems to emphasize practices that require formal leadership in a classroom-type setting, special and often expensive "exercise" equipment, or a single activity that must be practiced at all costs. The fact that these processes and their sponsors seem almost to demand an addiction has always tended to turn me off. SCOTT van GELUWE is a graduate student working in intervention and cardiac programs at Virginia Tech. He will enlighten us seniors about "EXERCISE" and should provide incentives for our better self-care.

April 23

*This notice is tendered to remind those who intend to attend this sweet-scent event. In other words, animal science persons among us and persons such as Ralph Cecchini who trains every day by throwing stuff should be aware that, on this day, **THE WORLD COW CHIP THROWING CHAMPIONSHIP** takes place in Beaver, Oklahoma! Heavens! Do forgive me for mentioning Ralph. I suddenly remembered: them ain't cow chips that he throws around, are they?*

April 29

This be ARBOR DAY. After last winter's ice storms, how about planting at least one tree.

May 1

MAY DAY! MAY DAY!

May 2

This is the date that 1994 Blacksburg town decals for our autos go on sale at the town building!

May 8

*Don't forget renewal of memories, purchase of flowers, or sending of cards on this **MOTHER'S DAY**.*

May 11

The "TOUR DuPONT" bicycle race comes to town.

May 14



COMENCEMENTt at Virginia Tech (for some of us, the beginning of the summer holidays!)

(Continued on page 2)

## MONTHLY MINISTRATIONS (Continued)

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May 17

JOAN MUNFORD, who represented our county in the state legislature for quite a few years, will speak about her legislative experiences with focus on health issues.

June 15

*Do plan to attend the greatest picnic and auction! Just remember that auctions require saleable items including collectibles, which some folks call "junk."*

**HAVE YOU SEEN?**

One of our members, Catherine Edwards, has scheduled two trips that will require payment on the day of this meeting, either at the meeting or in the mail. Catherine's mailing address is 111 Silver Leaf Lane, Blacksburg, VA 24060. The number of spaces is limited, so telephone her at 552-2510 soon for information and reservation

1) On April 27 to The Barter Theater in Abingdon, Virginia to see a matinee performance of "PETER PAN" will cost \$44.00 per person for transportation, lunch at Greenway Haven Party House, and admission. The bus will leave Blacksburg Square at 9:00 AM with lunch stop at 12 noon. Attendees will be back in Blacksburg Square at 6:00 PM.

2) On April 30 you may travel to see STAUNTON HISTORIC GARDEN WEEK displays. The bus will leave Blacksburg Square at 8:00 AM. You will visit homes and gardens returning to Blacksburg Square between 6:00 and 7:00 PM. Tickets are \$38.00 and include transportation and lunch.

**YO' CHAPTER IS REAL ACTIVE HERE !!**

There will be a memorial service for Dr. Seymour Kalison, a member who died recently, at 1:30 PM on April 30 in the campus "Y" house on Washington Street. As many of you, he had been very active in public health, YMCA activities, and our AARP chapter. He also vigorously promoted Yale University interests in the area.

As of March 23 the chapter had 233 paid members and a \$1,666.78 balance in the treasury.

Jonathan KIES, 271 Whittemore Hall, VPI&SU, Blacksburg, VA 24060, is a graduate student in Industrial and Systems Engineering at Virginia Tech. He IS DEVELOPING A NEW EMERGENCY TELEPHONE SERVICE that may become available through the telephone company sometime in the future and should be helpful to seniors, especially those with chronic medical problems such as diabetes, heart problems, etc. He wants to recruit older users to try a prototype version to learn if the proposed version is usable. Since I'm a brittle diabetic and Janice could have benefitted from such a service, I hope that there will be interest and participants. Call Kies at 231-9087 (office) or 951-1418 (home) if you are interested.

# ACCOLADES

Did you perchance see the article in the Sunday, April 10, issue of THE NEWS that acknowledged the Christiansburg-Blacksburg Rotary Club honor given to MICHAEL KIPPS? He was presented with a custom-made award for 65 years of perfect attendance in the club. Born on the family farm on edge of Blacksburg almost 94 years ago, he is a graduate of public schools and Virginia Tech from which he retired to the status of Professor Emeritus in 1967. I really don't know how long he has been a member of our chapter but will bet that I'll know after this meeting. In any case, congrats, "MIKE", from all of us!

*Say, what did you think about the justly deserved plaque presented to FANNIE REYNOLDS at the March meeting? For years she has been our SUNSHINE CHAIR (She won't like being called a "Chair", and it is true that she never sits down very much. But I'll use that term instead of "Chairperson" or "Chairman" just to get a "rise" out of her. To Past Prez, Bob Blanton, for the neat presentation, and to those members who got her to the meeting without alerting her to the reason, you done good! real good!!*

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George Gray and members of the Membership Committee hope to have the 1994 chapter 2613 roster in press for press before the May issue of the Newsletter. We wish to emphasize that there are two primary concerns that prompt this last "dues notice." We really must obtain correct addresses and telephone numbers: only first-class mail will be forwarded. Our mailing and contact lists are computerized. It's amazing how many changes occur during one year. If possible, include a 1993 address label: it makes entry of address changes and dues payments quicker! So if you owe 1994 dues, have moved, changed telephone number, or some combination thereof, please fill in the form or provide the requested information in some other way. You can even telephone me if you're desperate: better I than you, I guess!

Cut Off Here

Cut Off Here

**\* CHAPTER #2613 ADDRESS CORRECTION & DUES NOTICE AND REMITTANCE \***

**\*\* January through December, 1994 \*\***

1994 chapter dues are \$4.00 per person. Make check payable to "AARP."

Your NAME(S) \_\_\_\_\_

CURRENT ADDRESS \_\_\_\_\_

TELEPHONE NUMBER \_\_\_\_\_

# TUT, TUT!

Perhaps you noticed the flower inserted in the upper left-hand blank column on page 1. Well, that's a reminder to acknowledge "Mothers" or "Grandmas" or "Nanas" on Sunday, May 8, which is "Mother's Day."

Now the bicycle is another story. Last year on the day of the DuPont Bicycle Race, I went in town to a corner at Roanoke and Main Streets to see a little of the race and to look for my personal favorite. Two days later Cartmel Brown still had not appeared. Perhaps he had planned for a longer race. I'll watch again this year. If I don't see him, may I ask that you look for his appearance and then let me know if you see him. For your help, I've included a woodprint of him and his "racing bicycle" as they looked when he started this race in 1924.

From the Sunday bulletin of the ANGUISHED ENGLISH NORWEGIAN CHURCH in Bloopersville, Wisconsin, comes this announcement, which I accidentally uncovered in our family archives:

Janice Leavenworth and John Palmer were married on October 20 in the church. So ends a beautiful friendship that began in school days.

And then later there was this news:

The rosebud on the altar this morning is to announce the birth of John Palmer, Jr., the son of Mr. and Mrs. John Palmer

And the following item probably still has application:

Remember in prayer the many who are sick of our church and community.

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Lenna Moore  
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Blacksburg, VA 24060

Nonprofit Organization  
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Blacksburg  
AARP CHAPTER MEETING  
Tuesday, April 19, 1994  
Blacksburg Community Center  
11:30 AM = Lunch & Conversation  
12:00 Noon = Program

Exp. 12/94

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