AARP Chapters are separately incorporated affiliates of AARP

Blacksburg Chapter AARP #2613



newsletter

March-April 2020

Mar. 17 Chapter Meeting

Navigating Resources for Community-Based Home Health and Home Care

Programs Janet Brennend and Casey Suthers, NRV Agency on Aging

ur presenters will provide an overview of community-based care that includes companion services, homemaker services, home health care, respite, and aging and disability resources. The presentation will highlight consumer information and strategies for accessing quality services to enhance the health, safety, and well-being of older adults.

Janet Brennend is the Long Term Care Ombudsman/Elder Abuse Prevention Specialist, and Casey Suthers is the Aging & Disability Services Supervisor at the NRV Agency on Aging.

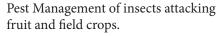


Apr. 21 Chapter Meeting

Bugs and Us—Insects and Our Culture Curt Laub

nly a tiny percentage of the world's insects are pests. In this talk we will look at the positive influence of insects on literature, art, music, commerce, technology, and religion. We will see why the lowly dung beetle was revered as a god in ancient Egypt, how the British got their red coats so red, how the Beatles got their name, why a town in Alabama has a monument to an insect, and much more, including a preview of the the upcoming (this summer!) periodical cicada mass emergence in the New River Valley. With cameos by Shakespeare, Beyonce, Groucho Marx, Marge Simpson, and many more!

Curt Laub is a steel drum player and dahlia grower who just retired from the Virginia Tech Department of Entomology. His area of research was Intergrated



Upcoming Events

Mar. 14, 2 pm, "Iron Jawed Angels," free movie at the Lyric (p. 4) Mar. 27, Vietnam War Veterans Day Event (p. 4) Apr. 4, The Big Event (p. 4)

Apr. 11, Mission Jazz (p. 4)
See more events, including classic movies, on pages 4 and 5.

Upcoming Chapter Programs

(Third Tuesday, 11:30 am) May 19: Dean Spader, Project Drawdown: 80 Viable Solutions to Climate Change

Mother's Day Food Drive

June 16: Picnic, 5:00 pm Sept. 16, Health and Wellness Fair

In this issue

Remembrance of Friends who Died—2 Community events spring 2020—4 Drone Delivery—5 Meet Board Member Linda Correll—6 Caring & Wellness Corner, Conversations on death & dying—7

President's Message

Don Creamer

Engaging New Members: Can You Help?



am often impressed by all that our chapter does. This year, for example, we are engaged in planning and conducting the biennial Health and Wellness Fair. This project requires the highest of leadership talents by many of our members. It means organizing and collaborating with several other organizations to make the effort fulfilling. Yet, each time we do it the project

seems bigger and better than before. This year we thank Leslie Pendleton and her colleagues for exhibiting all these talents.

The same can be said about other efforts of our chapter. Another good example is our association and collaboration with LLI, but now I am wondering about how well we accomplish some of the small--but equally important--efforts that we do not do as well as we could. The best example of this is how we treat new members to our organization.

We see several new members join us each year. Last year, the number of new members was more than 20. So, how well do we embrace new members and make them feel a part of AARP Blacksburg chapter?

When I talk with prospective new members, I almost always say to them at some point in our conversation, "There is a place for you in our chapter. I hope that you will join us." I mean that sincerely, but I wonder if we really do create a meaningful place for everyone who joins us. In this same

continued on p. 3

From the Memorial Service, February 18, by Sandy Birch, Chaplain

Remembrance of friends who died in 2019

year ago, on January 9, I lost my dear friend Crista, the first friend I made over 43 years when we moved to Blacksburg. We often enjoyed a cup of tea together over those 4 decades...and I'm guessing that all of us have shared a cup of tea or a mug of coffee with many good friends and family over the years. We have served, been served, comforted, been comforted, shared dreams and witnessed each other going through this human life...while sharing a simple cup of tea or coffee.

So today, in our annual memorial service for fifteen beloved friends and family who departed this life in 2019, we'll share a cup or mug...remembering joyful times, lives well lived, and memories not to be forgotten.

We begin with our dear friend and past AARP board member, **Peter Magolda**, who passed away suddenly on January 2. He was a professor emeritus at Miami University of Ohio, who, during his retirement, devoted significant time to his many passions and interests: music, bird watching, politics, travel, and photography. How we miss his lovely and flattering pictures of our AARP family. Peter was 62.

Christa Hinkelmann passed away on January 9. She was born in Germany and moved to Blacksburg over 52 years ago when her new husband Klaus joined the Statistics faculty at Virginia Tech. Christa was an active volunteer in the local community, including many years with the Humane Society and the Montgomery County Emergency Assistance Program Thrift Shops, and a lover of dogs, flowers, birds, gardening, and photography. She was 79.

James Clouse died peacefully on

February 10. He served in World War II in the Army Air Forces, earned his degrees at Purdue University, and came to Virginia Tech to head the Agricultural Education department in 1973. He retired in 1987 and began his second career as a craftsman and woodworker. James was loving, caring, compassionate, always optimistic, and lived his life fully, a Boilermaker and Hokie until the end. He was 96.

Darlene Allen passed away on February 15. She received her degrees from Michigan State University and taught in the public schools in Michigan, Illinois and, for most of her career, Montgomery County, Virginia. Darlene was active in many organizations including the Friends of the Montgomery-Floyd Regional Library, the Democratic Party, and the League of Women Voters. Darlene was 82.

Gerald Gallimore died on March 5 in Dallas, TX. Jerry was a 1958 graduate of Blacksburg High School; he earned a B.S.

degree from Virginia Tech and a MS degree from Virginia State University. He lived over 40 years in Southeast Virginia where he retired from the Virginia Tech Agricultural Extension Service in 1991. Jerry was a lifelong member of the Lutheran Church and active at St. Michael Lutheran Church when he and his wife, Fran, returned to Blacksburg. He was 79.

Cornelia Copenhaver died peacefully on March 6 at Showalter Center, Warm Hearth Village. "Neil" attended George Washington University. After losing her first husband Elwin Brawner, a US Army Air Corps pilot, in a plane crash in 1945, she married H. Barns Copenhaver in 1956. They lived in Blacksburg, Boones Mill, and Salem before returning to Blacksburg and were married for over 57 years. Cornelia was 97.

Charles (Jack) Dudley died peacefully at home on March 25, after a long illness. After earning a Ph.D. in Sociology, Jack served on the faculty of the University of Georgia and from 1974 to 1990, at Virginia Tech, where he was a member of the Academy of Teaching Excellence. In 1990, Jack became the Director of the Virginia Tech Honors Program and over the next 20 years, under his leadership, the program gained and maintained a national reputation.

Among the joys Jack acquired from his Honors students was watching them build snowmen in his likeness...called SnowJacks. Jack was 78.

Margaret Dawson passed away on April 9 at the Kroontje Health Care Center, Warm Hearth Village. Margaret retired in 1985 from the Virginia Tech Administration Accounting Department after 43 years of service. She was a member of the Blacksburg Presbyterian Church for over 60 years,

volunteered for 15 years at the Blacksburg donor blood center, and was a big fan of Virginia Tech football and basketball, attending home games faithfully.

Gerald Darby died on April 20. Gerald was a veteran of the United States Navy Hospital Corps and the United States Army Field Artillery during World War II and the Korean War, respectively. He retired from the Soil Conservation Service in 1986 as National Agronomist and had served in Texas, Nicaragua, Kenya, Zambia, Malawi, Iran and several years in Washington DC. Gerald was 93.

Martha Phyllis Slayton passed away on April 24. With a B.S. in Home Economics from Virginia Tech, Phyllis worked as a Home Economics Extension Agent for Isle of Wight County where she dated her future husband, A.R., who was the County's Extension Agent. After their marriage in 1956, Phyllis devoted her remaining working years as a wonderful



wife, dedicated homemaker and devoted mother/grandmother/great-grandmother. Phyllis was a lifetime member and served as an officer of the local chapter of the Daughters of the American Revolution. She was 85.

Anne Grover passed away peacefully in her sleep on July 8. After moving to Blacksburg in 1957, Anne and husband Norm, raised four children and were very active in many organizations and causes, including NAACP, Band Boosters, Habitat for Humanity, Master Chorale, Beans and Rice and many more. They often reached out to newcomers or those in need, immigrant and grieving families. Anne loved to travel and did so widely. She was 90.

Carl McDaniels passed away in Bridgewater, VA on October 6. Carl served in the United States Navy prior to obtaining his Ph.D in Counselor Education from the University of Virginia. In 1969, Carl and his family moved to Blacksburg to help create the College of Education at Virginia Tech where he taught and served for 30 years. He was an active member of the Blacksburg community, serving as president of this AARP Chapter and received the statewide Andrus Award. Carl was a 40-year member of the Rotary Club and also served as president. He was a leader in the Blacksburg United Methodist Church. He was 89.

Amy Elson died on October 31. In addition to being a wife, mother and homemaker, Amy taught early elementary school children for over 36 years, with the last 27 in Blacksburg. Amy was a dedicated member of the Roanoke Valley Presbyterian Church, serving as an elder, choir member and organist for 38 years. She was a founding member of the Southwest Virginia Veterans Cemetery Volunteers and a member of the Blue Ridge Model A club, touring in her father's restored Model A that she drove when she was in high school. She was 83.

Ellery Seitz died on November 10. He spent many years in Blacksburg as a physical therapist and father to daughters Joanna and Julie. Ellery was an avid bicyclist and rode in the Mountains of Misery events and often would ride up a mountain on his lunch hour. He was a natural athlete and played football and wrestled for Penn State. Ellery was 75.

Aubrey "A.R." Slayton passed away on December 12. He moved to Minnesota in August to live with his daughter and son-in-law following the death of his beloved wife of 62 years, Phyllis. Starting as a County Extension Agent, then moving to Virginia Tech as a faculty member, A.R. served for more than 30 years as a Full Professor in the Cooperative Extension Division, providing overall leadership for development and delivery of all programs. Following retirement in 1983, he volunteered at Lewis Gale Montgomery Hospital for more than 20 years and was recognized as Volunteer of the Year in 2009. A.R. was 92.

In honor of our fifteen friends, we are encouraged to share a cup of tea or coffee, to have a conversation, to listen to each other's stories like these brief memories of our friends today. We are invited to share our joy, a touch of happiness and maybe some healing when we gather together. To quote Ms. Anonymous, "Life is like a tea cup to be filled to the brim and enjoyed with friends." And the people say....Amen

president's message, continued from p. 1

spirit of concern, for the last two years Jerry Niles made a special effort to welcome new members, and no doubt his efforts paid off. Still, we probably do not reach all new members in a way that helps them find their place in our organization.

When we have tried to think of good ways to welcome new members, we have tended to think in organizational terms. How can we organize to get this done? That approach yields some short-term benefits but almost always fizzles eventually.

So, now I wonder if there are less structural ways to reach out to new members. What if volunteers from our general membership took up this challenge on their own initiative and agreed to some simple acts of kindness toward new members? Are there members who would like to arrange for a chat, perhaps have coffee or tea with one or more new members, and generally become acquainted with them?

Volunteers should act on their own according to their interests and talents, outside the authority of the Board of Directors. Should this effort take root and bloom, we could invite the volunteers to "report" to the general membership at our monthly member meeting or we could do nothing more than encourage individual action to welcome new members.

How about it? Who among you is willing to take up this highly individualized effort and welcome new members in your own way?

Here are some ways you can make this work:

- 1. When a new member is introduced at a meeting, make again to talk about the chapter and ways to be involved. In this case, you can ask for contact information directly.
- Coreen Mett maintains our membership records and captures the date of first payment of dues. If you wish to contact persons from this list, I can see that you have access to a list of new members within certain time brackets. Contact me at dgc2@vt.edu.
- 3. If you recruit new members, you can offer to answer any questions they may have after attending a meeting or two. Further, you can pass off the new member to someone you know in the chapter to do the follow up.

Here is what I will do to make this plan work:

- 1. I will draft a letter that will be available at every member meeting that will be given to all new members and visitors. It will specify opportunities for involvement.
- 2. I will commit to augment any request from a member who wishes to be involved in the plan to encourage new members. I will provide whatever information you need to enable your participation in this plan.

So, I leave this as an open question: Are you willing to be a part of an individualized effort to welcome new members? If so, DO IT in your own way. That's it, the whole strategy revealed.

Community Events Spring 2020

Iron Jawed Angels, film about the struggle for women's right to vote

March 14, 2:00 pm Lyric Theatre, Free

A movie inspired by a pivotal chapter in American history, Iron Jawed Angels will show at the Lyric with a champagne celebration to follow. The story features Alice Paul (Hilary Swank), an American feminist who risked her life to fight for women's citizenship and the right to vote. She founded the separatist National Woman's Party and wrote the first equal rights amendment to be presented before



Congress. Together with social reformer Lucy Burns (Frances O'Connor), Paul struggled against conservative forces in order to pass the 19th amendment to the Constitution of the United States.

Rotary Club Blood Screening

March 18, 6:30 am-10:00 am \$40

Canceled

The spring blood screening has been canceled because of concerns for public health related to COVID19.

Vietnam War Veterans Day Event

March 27, 2:00 pm-4:00 pm Belmont Christian Church, 1500 Peppers Ferry Road

Join Delegate Nick Rush, Christiansburg High School Corps of Cadets, and Christiansburg High School Choral Department to observe National War Veterans Day with a Vietnam Veterans Are Stars tribute. For more information, call 540-382-5775 or email rsvp@montgomerycountyva. gov

Veterans Resource Fair

March 28, 8:00 am-12:00 pm Christiansburg Recreational Center

Blacksburg American Legion Post 182, Christiansburg Recreation Center, and the Veterans Outreach Center, Roanoke, will host a Veterans Fair. The event aims to help veterans receive assistance in filing benefit claims, to inform them of services available for which they qualify, and to provide an opportunity to connect with various veterans' groups in the New River Valley. https://americanlegionpost3roanokeva.org/new-events-87/2020/3/28/veterans-fair

The "Big Event": Virginia Tech April 4

Saturday, April 4

Submit a job request here:

https://registration. vtbigevent.org/ jobrequest



Job request closes March 18

he Big Event at Virginia Tech is a student-run community service effort. Every spring, thousands of students, faculty, and staff come together to complete nearly1,200 community service projects throughout Blacksburg, Christiansburg, and the New River Valley.

Projects are completed regardless of need or socioeconomic status; instead, it is The Big Event's goal to simply say, "Thank you." Seeded in our university's motto of *Ut Prosim* (That I may serve) students and community members come together for "One Big Day. One Big Thanks."

Homeowners might like help with painting, garden preparation, moving outdoor furniture, and the like.

Mission Jazz, benefitting the Community Health Center of the NRV and Blacksburg Battles Cancer

April 11, doors open 5:30 pm Blacksburg Country Club \$50/person

Carving station, crab cake station, and more

5:45, Jared Gibbs, Piano

7:00, Jazz Ensemble, VT School of Performing Arts

Tickets: 540-5552-9165 or membership@blacksburgcc.com



Alexander Black House Exhibit: Women Make their Mark on Blacksburg

Ongoing exhibits, January–May www.blacksburgmuseum.org/

March: Women's History Month

May 2: Celebration of 100 years of Women's Suffrage: Theatre Departments at Virginia Tech and Radford will present vignettes to commemorate this milestone. 10 am–2 pm



Classic Movies March-May

Regal Cinema, Christiansburg (110 New River Road)

https://www.fathomevents.com/events/

King Kong March 15 1 pm, 4 pm

Braveheart March 22 3 pm; March 23 7 pm

Apollo 13

April 5 1 pm, 5 pm April 6, April 8 7 pm *Gladiator*

April 13, April 15 7 pm April 19 1 pm

A League of Their Own

April 26 1 pm, 4 pm April 27, 29 7 pm

Airplane! May 17 1 pm; May 20 7 pm

The Shining May 31 1 pm, 5 pm; June 3 7 pm

Blacksburg Interfaith Food Pantry Needs an Advisory Board Member—can you volunteer?

The board meets monthly but will skip a meeting if there is no pressing business. Board members are also expected to assist with food drives such as setting up at the grocery store (most of our food drives are at the Kroger on University), helping to transport collected food to the Pantry, or helping to closed down the drive at the end of the day. One to two food drives per year.

For more information, contact Sandy Hagman: sandy.hagman@comcast.net or 540-951-0270

Rent-a-Rower

Members of the Virginia Tech crew team can be hired for a rate of \$10/hour to help with yardwork, moving, painting, or other tasks. If you need work done, consider hiring the men and women of the Virginia Tech Crew Team! 100% of funds raised go toward equipment and improving the team.

To sumit a request, go to https://tinyurl.com/rent-a-rower-request

Drone Delivery Takes Flight in Christiansburg

Sandra Griffith

Tirginia's New River Valley is currently home to the first—and only—drone delivery service available to the general public in the United States. Wing, a subsidiary of Alphabet, launched the service in Christiansburg as a Google X initiative, initially setting out to explore how self-flying vehicles could safely and quickly deliver everything from medicine to food.

Wing partners with merchants such as Walgreens, FedEx, and Sugar Magnolia to provide consumers with what they may need or want delivered to their doorstep in minutes.

The company has conducted more than 80,000+ flights across three continents. Drone delivery helps reduce road congestion and it will require significantly less energy than the same delivery by car. Finally, it will create new economic opportunities for local businesses.

Jacob Dimmitt, Communications and Marketing Associate with Wings Company and Christopher Stewart, UAS Pilot with Virginia Tech's ICTAS-MAAP Initiative, were speakers at the January 21 Blacksburg AARP chapter meeting.

The speakers discussed the evolution of their company and explained how drone delivery works. They suggested that older adults in particular could benefit from drone delivery. Adults without easy access to transportation or where mobility is a challenge. Using the Wing app, they would be able to order necessary items, including food, medicine, and household items. The convenience of receiving delivery at their homes would be worthwhile for them.



Chris and Jacob at the January 21 AARP meeting Photo: Connie Skaggs



Members gather for the January 21 meeting

Meet New Board Member Linda Correll

am (mostly) retired from a career in scientific research and management at Virginia Tech and now work with a passion for the arts.

In 10th grade, I was going to be an art history teacher, then an architect. My love for horses and 4-H experiences led me to a degree in Animal Science with the goal of being an extension agent. The opening of the VT College of Veterinary Medicine in 1980 led me to a career in toxicology research for 22 years.



In 2003 the Virginia Bioinformatics Institute needed a Lab Manager. There, I worked with the senior administration to develop a comprehensive research facility. Ultimately, I became the Research Operations Manager along with Compliance Management. After retirement, I was recruited for a part-time position in the Good Laboratory Practices Program at the College of Veterinary Medicine as a Quality Assurance Officer and currently maintain that position.

In the past 10 years, I have had more time to focus on my art and have developed interests in photography and sculpture. My creations for the VT Simply Elemental Outdoor Sculpture



show have titles such Lions, Tigers and Dragons, Oh My!

as "Dancing in the 60's" and "Bumblegourd." As a member of the Backyard Stone Carvers, I coordinate their annual workshops and enjoy the challenge of carving stone. I work with the Virginia Tech Hahn gardens to coordinate their Art in the Garden programs. I enjoy Lifelong Learning classes and trying to master watercolor painting.

I have successfully shown in juried art shows in southwest Virginia and North Carolina and enjoy creating new art.

My artistic endeavors fulfill the need I have to create. I recognize that this is a driving component in most everything I do. My interest in photography has evolved into a passion to produce that one-of-a-kind capture. I enjoy seeking the abstract component in common subjects. My challenge is searching for the shot that captures a seemingly unimportant object and showing it in an abstract manner. I find it exciting to take what nature has created and to bring attention to some novel aspect that has not been considered. The details of a final creation or in nature that fleeting moment may be lost and only being present in that moment of time produces that artistic opportunity.

I live in Giles County with my husband. We share interests in horses, dogs, and cats, and we work together to harvest hay and take care of the animals. He supports me in my crazy art endeavors and typically has a hand in helping me with the sculptures or providing a critique of my art when asked. We actually met on Valentine's Day and as they say, "the rest is history." Our church home is Riverview Baptist Church in Ripplemead. We both love the quiet peaceful mountain valley where we live and play. We have two adult children and one grand dog!

Citizens Climate Lobby Offers a Bipartisan Climate Solution submitted by Jennie Reilly

itizens Climate Lobby is a bipartisan volunteer organization with 568 chapters throughout the U.S. ✓ and the world, including 13 chapters in Virginia. Its mission is to empower citizens of all ages and all walks of life, including Republicans, Democrats, and Independents, to engage with their elected officials about climate issues. We are working on our plans for creating local support for H.R. 763, the Energy Innovation and Carbon Dividend Act, a bill that currently has 77 co-sponsors in the House of Representatives.

- Here's an overview of the Energy Innovation and Carbon Dividend Act. It goes into status of the bill, high level description and benefits. There are text, video, and podcast options so you can choose what suits you best: https://community.citizensclimate.org/resources/ item/19/374
- Our Core Values: https://citizensclimatelobby.org/aboutccl/values/

• 5 Levers: https://citizensclimatelobby.org/aboutccl/levers-of-political-will/

If you want to go beyond that, we have a set of Core Volunteer Training that outlines some of the more basic topics: https://community.citizensclimate.org/ topics/core-volunteer-training

Here's a link to our Google Calendar with all of our monthly meetings and events: https:// calendar.google.com/calendar/embed?src=jvclsb0 t3lpp185vvmigd8k6g0%40group.calendar.google. com&ctz=America%2FNew_York

Wouldn't you love to be part of a nonpartisan organization that takes action on climate change? Please join us at our **next meeting**, Monday, March 16, 6:00-7:30 pm, Blacksburg Public Library, 200 Miller Street. Find out what we are doing and how you can participate.



Caring and Wellness Corner Leslie Pendleton

Conversations about death and dying

ately I have been thinking a great deal about death. Before I get to the real point of this article on a difficult subject, I want share my purpose. In other words, this is the reason for my thinking



(vs. obsession) about death. In the past 10 months, I have mourned several deaths: my former husband (we were divorced) and father of my two adult children; a dear friend (I was present in the hospital when she passed); and my PhD advisor (fortunately I had visited him at his assisted living facility before he passed). Death is all around each of us, and, like taxes, it is an inevitable reality. Even though we may not speak about it, I imagine you think about it too.

So much about death is inexplicable, and the uncertainty can lead to a great deal of anxiety, especially as we age. In her work with terminally ill patients in the mid-20th century, Elisabeth Kübler-Ross, a Swiss-American psychiatrist and pioneer of near-death studies, conducted interviews with terminally ill patients. In her 1969 renowned book titled *On Death and Dying: What the Dying Have to Teach Doctors, Nurses, Clergy, and Their Own Families,* Kübler-Ross described five stages in the process of dying—denial, anger, bargaining, depression, and acceptance. She later applied the same five stages to the process of grieving.

In a 2018 New York Review of Books review of Kübler-Ross's book, the journalist Jessica Weisberg referred to Kübler-Ross as "death's best friend." The terminally ill patients Kübler-Ross interviewed talked about "the irksome parts of illness, the fear of endless blackness." Further, they expressed a desire "to be treated as individuals with complicated and layered feelings rather than as patients with a fixed set of medical needs." Even recently, when their father was dying, my son, daughter, their partners, and stepmother witnessed first-hand the frustrating lack of compassion, care, and empathy of some of his healthcare providers, including his primary oncologist.

Concerned about "the lack of compassion, empathy, and understanding" in the medical community, Dr. Kübler-Ross testified at a 1972 hearing on "Death and Dignity" before the Senate's Special Committee on Aging. She advocated for medical school training in caring for the dying and outpatient programs that allowed the terminally ill to spend their last days at home with loved ones. Two years later the first hospice program in Connecticut was founded.

According to historian Peter Stearns, by the mid-20th century, Americans were being encouraged by the medical community and some etiquette writers to "approach death and loss with stoicism, keeping their feelings to themselves and seeking out distractions." However, in the most recent

decade, some non-profit projects have been formed to break the taboo around conversations about death and dying.

Beginning in 2011 in the United Kingdom, Jon Underwood (now deceased) and his mother, Sue Barsky Reid, established "Death Cafés" (www.deathcafe.com) where group directed conversations about death and dying occur over tea and cake. In 2013, in the United States, Michael Hebb established the "Death Over Dinner" (www.deathoverdinner.org) project where people gather over dinner to talk about death and dying. As Hebb said, "How we want to die represents the most important and costly conversation America isn't having." Just like the conversations with networks of other people, two recently published books, Being Mortal: Medicine and What Matters in the End (2014) by Atul Gawande and ABeginner's Guide to the End (2019) by B.J. Miller and Shoshana Berger, have also changed the conversation about aging and death.

It is completely understandable if you perceive conversations with others about death and dying around tea and cake or dinner to be morbid, but those conversations can be humane and cathartic and help us better articulate what we want. Talking about what we want, both in life and as we approach end of life, helps us to lean into any fears we may have, get rid of inhibitions, and build deeper connections with friends, family, loved ones, and even healthcare providers.

JARP

Blacksburg Chapter #2613

Chapter meetings are the third Tuesday of each month at the Blacksburg Community Center, Patrick Henry Drive at 11:30 am. There are no meetings in July or August. Board meetings are the first Tuesday of each month at the Blacksburg Community Center at 10:00 am.

Weather policy: If the public schools are closed, AARP will not meet.

Chapter Officers 2020

President • Don Creamer, dgc2@vt.edu Vice President • Leslie Pendleton, lkpendleton@gmail.com Secretary • Pat Hyer, hyerp@vt.edu

Treasurer • Pat Ballard, pballard@vt.edu Assistant Treasurer • Ruth Anne Niles, rniles2@icloud.com

Board of Directors

2020: Isabel Berney, Jeananne Dixon Bame, Hugh VanLandingham

2021: Doug Feuerbach, Judith Jones, Lisa Moose, Leslie Pendleton

2022: Linda Correll, Chuck Burress, Kai Duncan Newsletter editors: Carolyn Rude, Sandra Griffith

AARP Website www.blacksburgaarp.org





Nonprofit
Organization
U.S. Postage
PAID
Blacksburg, VA
Permit No. 32

| Γ | |
|---|--|
| l | Blacksburg Chapter |
| l | Name: |
| | Spouse/Partner: |
| l | Address: |
| | City: State: ZIP: |
| | Phone: Email: |
| | Annual (Calendar Year) Dues: \$15.00 (includes spouse or partner) |
| ı | New Renewal 90+ years old (free) |
| | Please consider an additional donation to support our AARP chapter and its projects. \$10 \$25 \$50 \$100 Other \$ |
| | Donations to the Blacksburg Chapter help us carry out our mission and community service activities while keeping member dues as low as possible. However, donations to the chapter are not tax deductible. |
| | |
| | Please make your check payable to "Blacksburg AARP Chapter #2613." Mail the check and this form to: . |
| l | AARP Blacksburg Chapter • P.O. Box 10082 • Blacksburg, VA 24062 |
| | |