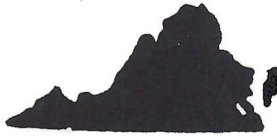


Blacksburg



A. A. R. P.

NEWSLETTER

March 5, 1996

Volume 13, Number 3

Chapter 2613

March ¹⁹21 - - - - - The March meeting will be held at the Blacksburg Community Center, at 11:30 a.m. RUBY MURLEY, our Chapter Secretary, will speak on COOKING, "Youu ^Can Eat at Home for Less".

Also, JIM MOORE, will discuss "RED CROSS needs for Senior Disaster Volunteers".

April 16 - - - - - The April meeting will be held at the same place and the same time, RON SECRIST, Blacksburg Town Manager will speak on "Retire Blacksburg EXPO '96".

May 21 - - - - - There will be a program on "Nutrition for Older People" presented by LINDA DAVIS. Dietitian, Human Nutrition & Foods, Va. Tech

June (Date T.B.A)- - - AAARP Annual Picnic & Auction.

PLEASE BE ADVISED THAT IF YOUR LOCAL AARP DUES HAVE NOT BEEN PAID, CHANCES ARE YOU WILL BE DROPPED FROM THE ROSTER AND YOU WILL NO LONGER GET A COPY OF THE NEWSLATTER.

To keep this from happening, send a check for \$5.00, made payable to Blacksburg AARP and mail it to : BOB & BARBARA BLANTON, 806 Allendale St, Blacksburg, VA., 24060

James J. Owen, President
AARP Chapter #2613
502 Preston Avenue
Blacksburg, VA., 24060

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Blacksburg, Virginia
Permit No. 32

AARP CHAPTER meeting
Tuesday, March 19, 1996
at Blacksburg Community Center
11:30 a.m. (Bring Your Own Lunch)

Ongoing Programs

MESSAGE from DAN FLEMING

The Senate Joint Resolution 84 (SJR 84) calling for the establishment of a State Commission on Block Grants, including Medicaid, which was passed by the General Assembly on February 29. It has been sent to the Governor for further action. This bill was strongly supported by AARP, because they wanted public participation deciding important policy issued to block grants.

SENIOR CENTER

The Senior rooms have been in operation since January. If you have not been in to see them, come on in and see us. The Center features two (2) rooms. One is a social room which is designed as a multipurpose room to play cards, read, watch a movie or just socialize. Occasionally, this room will be reserved for certain programs, but for the most part, seniors will be able to freely use the room during regular community center hours, Monday - Sunday. The second room (Program Room) will be used for all senior programs. This room can be divided into two smaller rooms. This room is open for seniors from 8 a.m. - 4 p.m. Occasionally, seniors may use it after these hours. These rooms are used for all BSA activities. However, other senior groups or individuals may reserve the program room, if the space is available. Call Joy Herbert, for more information (961-1134)

Discussion Days

Thursday mornings at Community Center. Senior Citizens love to learn and express opinions on various topics.

Conversation and Coffee 9:30AM
Program 10 - 11AM
Group I Seminar with lecturer (1ST and 3RD Thursdays)
Group II News and Views with senior moderator (2ND and 4TH Thursdays)

DATES

TOPICS

<u>Mar 14</u>	"TAX REFORM PROPOSALS" Dan Fleming - VPI Retired
<u>Mar 21</u>	"Teenagers and Trouble with the Law" Russel Rice, from the Office on Youth.
<u>Mar 28</u>	"LOCAL MAINSTREAM ISSUES" Monica Appleby-Montgomery Co. Mainstream Citizens
<u>Apr 4</u>	Meet Dave Vogelsong from Blacksburg's Town Engineer.
<u>Apr 11</u>	"THE COW; FOSTER MOTHER OF THE HUMAN RACE" Ray Murley - VPI Retired
<u>Apr 18</u>	Meet Roy Thorpe Jr., County Attorney
<u>Apr 25</u>	"NEWS & VIEWS ON THE FEDERAL DEBT" Ben Crawford - Concord Coalition
<u>May 2</u>	Meet Michael Connelly and Karen Surface from Blacksburg's Transit Authority
<u>May 9</u>	Alice DeWitt presents "RETARDING AMERICA - THE IMPRISONMENT OF POTENTIAL"

Blacksburg AARP Standing Committee Members, 1966⁹

Committee On Caring:

Ch. Kenneth Dawson 552-1476
 Clara J. Billig 552-3095
 Jean Davis 552-6023
 Helen Miller 552-3403
 Ruby Murley 552-5039

Chaplain's Committee:

Ch. Louise Russell 552-5005
 Norman L Grover 552-3833
 Alfred Payne 552-5123

Community Service:

Ch. Lincoln Taylor 552-3255
 Betty Bell 552-3674
 Steve Bell 552-3674
 Loreta Walker 552-5194

Financial Planning Committee

Ch. Jim Moore 552-4688
 Robbie Coiner 961-0153
 Ralph Cecchini 951-9715
 Gerald G. Fain 953-0003

Health Care Committee

Ch. Kenneth Martin 552-0013
 Wynnell York 639-1906
 Mildred Ellmore 552-4724
 Mary Tom Long 552-0450

Hospitality Committee

Ch. Wilda Siburt 951-1358
 Alice DeWitt 552-2726
 Lula Roberts 552-7655
 Carl Witherspoon 552-5010
 Cerrie Coil 552-4530
 Charlotte Barnett 552-4182

Legislative Committee

Ch. Dan Fleming 951-1525
 Lula Roberts 552-7655
 Vincent Talley 953-2514
 Torchy Walrath 552-3544
 Charles Yonker 953-0730

Membership Committee

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 George Gray 268-2293
 Ray Murley 552-5039
 Ruby Murley 552-5039
 Harriet Damant 552-8041
 Mary Ellen Moore 552-4688

Newsletter Committee

Ch. Walter Holberton 552-7634
 Peggy Cain 552-5621
 George Gray 268-2293
 Lenna Moore 552-1856

Program Committee

Ch. Helen Wells 951-9720
 Charlotte Beamer 552-2205
 John Cain 552-5621
 Ann Frame 552-2438
 Ken Martin 552-0013
 Lenna Moore 552-1856
 Jim Owen 552-1109

Telephone Committee

Ch. Charlotte Beamer 552-2205
 Rhea Ebbert 951-1962
 Margaret Quick 951-3852
 Venita Witherspoon 552-5010
 Laura Austin Taylor 961-0677

Ways And Means Committee

Ch. Dale Oliver 552-1951
 Bob Blanton 552-1919
 Ken Martin 552-0031
 Jim Moore 552-4688
 Lenna Moore 552-1856
 Tom Starling 552-1485
 Bill Haas 953-0248

Classes

**** REGISTRATION FOR ALL CLASSES WILL BEGIN MARCH 4 1996, 8AM - 5PM, MONDAY - FRIDAY. ****

PLEASE REGISTER AT THE COMMUNITY CENTER OR USE YOUR MAIL IN REGISTRATION FORM.



COMPUTER

You don't need to own a computer to learn about them. Computers are everywhere, in your library and grocery store. Your Grandchildren are using them. Don't be left out!

These classes are designed specifically for seniors who have little or no computer experience. The goal of the program is to help eliminate anxieties some seniors may have toward computers and will help them to perform basic computer functions. **Classes are held at the VA Tech Media Center (on the second floor of Newman Library) which has Power MacIntosh Computers. Since these are very basic level classes, we feel the make of the computer is not important.**

Each class meets 4 times for a total of 6 hours instruction. You can obtain an information sheet at the Community Center which will list the class content. Parking Passes will be available upon registration. It is recommended that you park across from the Donaldson Brown Center for easy access.

BASIC COMPUTER I

When: (Mondays & Wednesdays)
April 1, 3, 8, & 10
Time: 8:30 - 10:00AM
Cost: \$10.00

BASIC COMPUTER II

When: Mondays & Wednesdays
April 22, 24, 29 & May 1
Time: 8:30 - 10:00AM
Cost: \$10.00

COMPUTER WORKSHOPS

"SURFING THE NET: FROM BEV AND BEYOND"

Learn about the internet system and its many applications. This workshop will also provide hands on computer time. Instructor: Ed Schwartz.

When: **Tuesday, April 30**
Where: Virginia Tech's New Media Center
Time: 8:30 - 10:00AM
Cost: Free

55 Alive/Mature Driving

The American Association of Retired Persons has developed a classroom refresher course for drivers 50 & older. The course reviews the rules of the road, accident prevention, and overcoming the effects of aging on driving performance.

When: Tuesday & Thursday
April 2 & 4th
Time: 1-5pm
Where: Blacksburg Senior Center
Cost: \$8.00/pay instructor first day of class
Min: 10 Max: 20
Sign-up: Call Joy @ 961-1134

SENIOR ADVISORY COMMITTEE

The Senior Advisory Board had their first meeting on January 8. They plan to meet monthly. It was agreed, at the meeting, that members will serve on a rotational basis with 4 new members elected each year. For this first year, 4 current members will volunteer to leave at the end of 1996. All future members will serve for 2 years.

The purpose of the Advisory Board is to:

- 1) Inform and advise the senior supervisor about participant and community needs.
- 2) Make recommendations to the senior supervisor about center operations and programs.
- 3) Represent the participants to inform and advise the senior supervisor and staff on specific issues and problems.
- 4) Provide feedback about participant satisfaction with current services and activities.

If you have concerns or suggestions that you would like to present to the committee, contact Joy Herbert @ 961-1134.

WELCOME
TO
SPRINGTIME