

Blacksburg



A. A. R. P.

NEWSLETTER

September 18, 1990

Volume 7, Number 7

John G. Palmer, Editor

Chapter 2613

MONTHLY MINISTRATIONS

September 18

For those of us who have inherited, purchased, and saved many treasures during our lifetimes, concerns arise when we wonder what procedures we should follow and what persons should be consulted to achieve a fair and legal disbursement when the time arises. We're lucky. Ken Farmer, who knows about possessions and real estate, is an excellent speaker and will address an aspect of these concerns, "ESTATE SETTLEMENT - BOON OR BOONDOGGLE?" from the auctioneer/appraiser perspective.

DEW BRANG AHTEMS OF NON-PERISHABLE FOODS TO DIS HEAH MEATING!! For the reasons and needs, see Page 2 of this Newsletter as well as the June, 1990, issue.

AN' AWLZO DEW LOOK AT THE BULLETIN BAWED FOR MO' HELTH DOAP, the need for which is also itemized on Page 2.

October 16

Now if you really like beautiful photographs, actually slides, you'll want to see and hear our *Wes Judkins* present "THE ARCHITECTURE OF FLOWERS" in his inimitable -- er - enimiti --, (Oh heck!) unusual style!

Note: For officers during the 1991-1992 year, nominees of our Nominating Committee will be named, and you may nominate nominees from the floor if they have agreed to serve if nominated!

November 20

The "MID-EAST OIL CRISIS" is very important to every one of us and will be discussed by *Dr. Djavad Salehi-Isfahni*, Associate Professor of Economics at VPI.

This is an important election month: we vote for our next year's officers on this date, which is preceded by national, state, and local elections on November 6.

December 4

This is the probable date for the annual holiday bash, socialization, getting "in the mood," and installation of officers. More news will follow.

NOW HEAR THIS!

I sincerely hope that you appreciate the need, understand the procedures, and cooperate in the town's recycling program! However, our HIGH SCHOOL BAND members and families WILL continue to COLLECT NEWSPAPERS AND CANS behind "John's Cars" on South Main Street. THEY STILL NEED YOUR HELP!

AARP & CHAPTER BUSINESS

Ken Martin of our Health Care & Insurance Committee has posted important information about enrollment in a supplemental health care policy for retirees from Virginia Tech and other state agencies on the bulletin board today. Please take a look. An opportunity to change your health insurance coverage (effective January 1, 1991) may be available to each of you during this coming autumn, and you may need to contact Ken soon (552-0013 [home] or 231-5659 [office]) to learn about important matters.

The need of folks for food increases every month in B'burg! Your Community Service Committee will collect canned soup and other non-perishable food items, or cash, at this meeting for donation to the Interfaith Food Pantry. At the May meeting 25 cans or packages of food and \$10.00 in cash were donated and given to the pantry by our AARP members. Chairman Al Beecher, Community Service Committee, wants our chapter members to increase our community service by exceeding the May Donation.

In fact and to the organization's credit, members of the Board of Directors voted a fifty and no/100 dollars contribution (that's 50 bucks) to the "Food Pantry" during this period of need!

The BLACKSBURG NEWCOMERS' CLUB extends an invitation to AARP members to join if they have just arrived in Blacksburg or have been residents for three years or less. President Martha Olsen will give a short presentation about the monthly meetings (2nd Tuesday, 9:30 AM). All of us are encouraged to pass this word along to new Blacksburg neighbors and friends. Call Martha Olsen (552-7161) or Kim Biesecker (951-8159) for information.

An "Ad-Hoc" committee of chapter members has been appointed to search out possible use(s), needs, locations, etcetera, etcetera, etcetera, for a Blacksburg senior citizen center. Chapter President Jim Roberts will serve as chairperson: members are Herb Buhrow, V-P. Mary Tom Long, and Jim (that's James M.) Moore.

The Senior Council and our representative Jim (same James) Moore met on September 13 at the Montgomery Regional Hospital for further consideration of Montgomery County senior citizen communal needs.

The Board of Directors elected President Jim Roberts to replace Bill Hoy on the Nominating Committee to complete the current nominations. To serve out the remainder of Bill's term, a nominee will be included in the list of nominees to be presented to the membership in October.

John Starling's Ways and Means Committee continues to need paperback books for the "White Elephant Table" at each meeting. Mysteries are still the favorites, but we've picked up some real interesting and informative books about local and regional history not to mention shrubs and trees. Be Sure To Make One Or More Donations and To Take A Look At The Wares!

The YMCA OPEN UNIVERSITY is offering two new exercise classes that begin this month and should appeal to employed and retired persons of our ages. LITE 'N EASY = A low intensity, low impact workout designed for people over 50 and/or those just beginning an exercise program. Work out your stiff joints and increase your flexibility Tuesday & Thursday, 10:00-11:00 AM, at Northside Presbyterian Church. \$21. NOONTIME LITE = Tuesday & Thursday, 12:10-1250 PM, Cassell Coliseum. \$21. These classes occur between September 10 through October 20, but late comers are OK. For information, call Carol Kroeger at 231-4208.

«Sillybus - 'er' - Syllabus»

Ever since I was very young, I have wondered if poly-ticks carry Rocky Mountain spotted fever. Then I had to worry about what may be a more probable threat - lying disease. Boy, was it a relief to learn that the arachnids are deer ticks and the illness is lime disease!

Do you remember the letter/number sequencing that provided spoken sentences? They were used by parents, teachers, and youngsters. One follows:

2 - Y's - U - R	=	Too wise you are
2 - Y's - U - B	=	Too wise you be
I - C - U - R - 2 - Y's - 4 - me!	=	I see you are too wise for me!

Such exercises were fun and numerous, but this the only one I can remember for sure. Today, however, there is at least one new one in use. See if U can figure this one out. I'll include the sentences next month, if I don't forget, of course. Now remember to read the lines rapidly, and there are at least three regular words instead of only one:

2 country boys were out hunting when the following conversation ensued:

"M - R - ducks!"

"M - R - not - ducks!!"

"O - S - A - R!!! C - D - E - D - B - D - wings?"

"Y - I - B!!!! M - R - ducks!!!!!"

DO YOU REALIZE?

Back in June, Robbie Coiner, Chairman of our Legislative Committee, passed out (Now don't stop reading here!) an AARP questionnaires and asked the 69 recipients to mark the issue which they opined was the most important for support in the national legislative program. He received only 37 completions at the meeting and by mail. The number of you folks that voted for the most important rated the following six as most important in descending order:

1. *Support legislation protecting Virginia's air, water, and land resources.*
2. *Support legislation excluding Social Security cash benefits from state income tax liability.*
- 3 & 4. *Support legislation establishing hospital cost containment programs with jurisdiction over all purchasers of care.*
- 3 & 4. *Promote legislation developing a comprehensive and coordinated continuum of home, community, and institutionally-based services to meet the long-term care needs of the chronically disabled.*
- 5 & 6. *Encourage legislation using a balanced approach to reform of the medical malpractice system by addressing problems in medical practice and education, the regulation of insurance, and the legal system.*
- 5 & 6. *Advocate legislation redesigning sales taxes to minimize the impact on the poor by implementing exemptions for food, utilities, and prescription drugs.*

There were six items that received no votes & can be listed if interested.

FROM "TOPSIDE"

On August 29, Jim and Lula Roberts represented our chapter at a workshop in Wytheville because **SERVING ON BOARDS AND COMMISSIONS** by seniors provides excellent opportunities to affect local, state, and national regulations and therefore costs on items such as utilities, health, insurance, and food. Topics presented by AARP representatives were (1) Boards and Commissions Important to Older Consumers, (2) Seeking Appointments to a Board, and (3) Being an Effective Board Member. Jim and Lula thought that the program was excellent, the presentations well-done, and the hand-outs valuable. Call them (552-7655) or corner them to get additional info.

Lula Roberts also attended a Virginia Tech Extension Service meeting here in Blacksburg. The topics also zeroed in on several consumer concerns. Functions of the Virginia Division of Consumer Affairs include (1) provision for consumer protection against fraudulent, deceptive, and illegal practices; (2) assistance to consumers in resolving product and service disputes; and (3) improvement of consumers' abilities to make informed decisions. The agency does not act as a consumer's private attorney in legal actions against merchants; give individual legal advice or counseling; make recommendations of specific firms, services, brands, or products; or regulate the pricing of goods and services, unless there is a question of misrepresentation related to price or service. You can call (1-800-552-9963) or write to the Virginia Department of Agriculture & Consumer Services; State Division of Consumer Affairs; 1100 Bank Street, Room 101; Richmond, Virginia 23219 for literature or other information.

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Blacksburg
AARP CHAPTER MEETING
September 18, 1990

11:30 AM - Lunch & Conversation
Noon - Meeting & Program
at Blacksburg Recreation Center
on Patrick Henry Drive.

Mr. Kenneth Martin
516 College View Drive
Blacksburg VA 24060

12/90