



## AARP Picnic

### Tuesday, June 19

We will gather at the farm home of Terry Wildman and Sue Magliaro for a picnic and live music. The chapter will provide chicken BBQ and chili. Please bring an appetizer, side dish, or dessert to share. If you want a beverage other than lemonade or tea, please bring that, too.

**Date / time** Tuesday, June 19, 5:00–7:30 pm

**Location** 3335 Elk Creek Drive, Christiansburg; phone: 540.320.5599 or 540.382.5577

**Food** chicken BBQ from Due South + homemade chili. Lemonade, ice tea, and water will be provided. Bring an appetizer, side dish, or dessert to share + your beverage.

**Sign up** Go to [tinyurl.com/aarp-picnic2018](http://tinyurl.com/aarp-picnic2018) to tell us how many people will come, which food you will bring, and whether you need a ride.

**Directions** From exit 114 on I-81 south, turn south on Route 8 toward Floyd. Go 2.7 miles south on Rt. 8. Turn right on Childress Road (Rt. 693). Aly's restaurant is located on your left at the intersection.

Drive 3.3 miles on Childress Road.

Turn left onto Elk Creek Drive, the entrance to Childress Estates. *Look for colorful balloons here.* Follow Elk Creek Drive to the cul de sac, about a third of a mile. Turn right on the first driveway at the cul de sac (more balloons!) and at this point you will see the parking area.

**From Radford**, the best route is south on Tyler Road (passing the Radford hospital), which dead ends at Childress Road. Turn left on Childress Road, go uphill about a quarter mile and turn right onto Elk Creek Drive.

## President's Column by Wendy Baldwin

### AARP and Health

Last month my column addressed things you can do to maximize your interaction with your doctor or other medical professional and offered some guidance about using the Internet for medical information. But, where does AARP fit into this?



The monthly AARP magazine always has some articles on health issues and guidance about where to get further information. The AARP website is a repository of links to information about health and disease, new medical breakthroughs, ideas about where state of the art care can be found. The AARP speaker's bureau includes speakers on health topics that chapters can use as part of their own programs. Since I have been touting the benefits of and access to NIH (National Institutes of Health) research, you may be wondering if there is an AARP/NIH connection. The answer is "yes, there is."

Of the many Institutes comprising NIH, a key one for AARP is the National Institute on Aging (NIA). AARP leaders have served as valued NIA board members for a long time. Most recently AARP executive vice president and chief policy officer, Dr. Debra Whitman, served in that capacity. This relationship helps ensure that AARP views are made known at the highest level of the Institute that deals with issues central to the AARP's members and mission. It is a sign of the respect NIH has for the skills and interests of AARP. NIA staff provide material relevant for AARP's educational activities.

This relationship goes two ways. AARP helped support the HHS (Department of Health and Human Services, the parent organization for NIH) Dementia Care and Services Summit. AARP has specifically reached out to its members about aging and health and physical activity by featuring the NIA's Go4Life physical activity and exercise campaign for people over 50. NIA staff have served as a federal liaison to the AARP's Global Council on Brain Health.

*continued in the next column*

## Upcoming Events

June 12: Primary election in Virginia (US Congress) (p. 7)

June 19: AARP picnic 5–7:30 pm

Aug. 27: registration opens for fall LLI courses (p. 5)

Sept. 19: Health and Wellness Fair (p. 2)

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NIA is not the only institute that conducts research of interest to AARP members. As Richard Hodes, the director of the NIA says,

There is increased recognition of aging as the key underlying factor for many of the diseases and conditions that occur more frequently with advancing years, including cancer, diabetes, and heart disease, and new thinking about how to approach disease and disability. This has sparked a number of collaborations across NIH, most particularly in the area now known as geroscience.

## Health Fair Scheduled for September 19 in Christiansburg *by Sandra Griffith*

September 19 is getting closer and closer. We are so pleased to have exhibitors registering—old friends and new ones. Joining the gold exhibitors are The Hearing Clinic, Inc., Anderson Audiology, and ClearCaptions. We welcome Warm Hearth Village and MedExpress Urgent Care who have joined as a silver exhibitors. HCA Lewis Gale Hospital Pulaski is a bronze sponsor.

This will be a great time to queue up for a flu shot, check your blood pressure or glucose, or learn about new immunizations. But wait, this is not just about medical conditions! Learn about aging at home. Gather information on not only physical and mental health but also intellectual, environmental, and cultural health. The Health and Wellness Fair will be a great place to learn new ways to stay healthy and engaged

Learn about InStill Mindfulness SWVA's real-world, inter-relational mindfulness classes. Visit the League of Women Voters, a nonpartisan political organization of women and men that encourages informed and active participation in government. Check out the Mount Tabor Ruritan Club, a civic service organization. A number of non-profit organizations will be attending to provide information about what is going on around us in the New River Valley.



Researchers report on the beneficial effects of social engagement, and all the exhibitors who offer volunteer activities will be highlighted.

The health fair will take place in the Christiansburg Recreation Center, 1600 North Franklin Street, 12:00–4:00 pm. Visitors are encouraged to explore ways to stay healthy, feel healthy, and age well. The fair is open to the public at no charge.

Please join us on September 19. If you have not exhibited in the past but are interested for the 2018 fair, send an email to Jen-nie Reilly [jenmik@vt.edu](mailto:jenmik@vt.edu), Leslie Pendleton [lpendleton@vt.edu](mailto:lpendleton@vt.edu), or Sandra Griffith [sandrag@vt.edu](mailto:sandrag@vt.edu).

## Vaccines

### Not just for children.... *by Wendy Baldwin*

We are all used to hearing the calls for children to be vaccinated since modern medicine has been able to hold many dreaded childhood diseases at bay. But what about those of us who are no longer children? Turns out it is just as important to keep up on our immunizations as well. With age—and sometimes from other diseases we may have picked up—our immune system is not always able to fight as well as we'd like. So, let's help it along with immunizations that can reduce the risk of getting minimize it if we do get infected.

Two new vaccines are especially important. First is the new **shingles** vaccine. Now, there has been a shingles vaccine, but if you had it you know they warn you that it is only about 50% effective. That's something, but the new one is 97% effective at keeping you from getting shingles. Having had shingles myself, I was quick to get the new vaccine. It is two shots and has to be ordered by your doctor, but then your pharmacist can administer it. I just have to go back in 2–6 months for the second shot and I'll be set.

My brush with shingles came while I was in transit to South Africa where I was able to get treatment to minimize the effects. If you have had chicken pox—and many from our generations have—you already have the virus that causes shingles. A lowered immune system that comes with age or specific diseases/medications can just open the door to a rousing case of shingles. Even though I had a pretty mild case, trust me, you do not want to get shingles!

Another improved vaccine is the new **pneumonia** vaccine. Pneumovax protects against 23 forms of pneumonia and is recommended for anyone 65 and older...that would be us! If you do remember having a pneumonia vaccine a few years ago, you are still a candidate for the newer one and if it has been at least 12 months since you had the older version, Medicare Part B will cover the cost.

A much more remote risk is from **yellow fever**. This disease is not a scourge here in the US like it used to be, but it's frequently a viral concomitant of travel to tropical locations. I do know how our members love to travel! One good thing about this immunization is that its effectiveness lasts a lifetime, but your doctor may recommend a booster after ten years.

Finally, that old favorite **tetanus**. It is always possible to pick up tetanus spores when gardening or working outdoors, and the immunization is very effective. Therapy for an established case of tetanus does not exist. Just in case you are remembering that you had shot some years ago, bear in mind that the immunization is good for about ten years. So, if it has been more than ten years since your last shot, it is a good time to see your doctor about getting one.

Talk with your primary care physician, who will be able to tell if you have a contraindication to any of these vaccines. There are enough health challenges out there; let's do what we can to minimize the avoidable ones.

## Arts Across Generations

Entries from the AARP-sponsored "Arts Across Generations" are currently on exhibit at the Lyric Theatre, through the end of June.

The Blacksburg Chapter of the AARP invited cross-generation partners, at least one of whom lives in the New River Valley, to create a piece of art together for this contest.

## VT Adult Day Services to Offer Memory Classes Summer 2018

Experiencing changes in your memory health? Has your doctor said you have Mild Cognitive Impairment? Eager to maintain your brain health?

In this 6-week Memory Masterclass you can learn to take charge of your memory health. Based on leading research, together we will learn strategies to keep our brains healthy and protect our memories.

Tuesdays and Thursdays beginning July 10, 2018.

Course orientation will be on June 28, 2018.

Register now! First 32 registrants are free!

For more information or to register, call 540-231-3161 or email [vtadulldayservices@gmail.com](mailto:vtadulldayservices@gmail.com)

### MEMORY MASTERCLASS @VT Adult Day Services



REGISTRATION NOW OPEN  
CALL 540-231-3161  
EMAIL [vtadulldayservices@gmail.com](mailto:vtadulldayservices@gmail.com)

**Protect your memories! 6 week class begins July 10<sup>th</sup> First 32 enroll for free!**  
This masterclass is designed to teach strategies for a healthy lifestyle that maximizes brain health.

## Forgetfulness

by Billy Collins

The name of the author is the first to go  
followed obediently by the title, the plot,  
the heartbreaking conclusion, the entire novel  
which suddenly becomes one you have never read, never even heard of,

as if, one by one, the memories you used to harbor  
decided to retire to the southern hemisphere of the brain,  
to a little fishing village where there are no phones.

Long ago you kissed the names of the nine Muses goodbye  
and watched the quadratic equation pack its bag,  
and even now as you memorize the order of the planets,

something else is slipping away, a state flower perhaps,  
the address of an uncle, the capital of Paraguay.

Whatever it is you are struggling to remember  
it is not poised on the tip of your tongue,  
not even lurking in some obscure corner of your spleen.

It has floated away down a dark mythological river  
whose name begins with an *L* as far as you can recall,  
well on your own way to oblivion where you will join those  
who have even forgotten how to swim and how to ride a bicycle.

No wonder you rise in the middle of the night  
to look up the date of a famous battle in a book on war.  
No wonder the moon in the window seems to have drifted  
out of a love poem that you used to know by heart.

"Forgetfulness," from *Questions About Angels*, by Billy Collins, © 1991. Reprinted by permission of the University of Pittsburgh Press.

*Questions About Angels* is available at your local bookstore or directly from the publisher University of Pittsburgh Press at <http://upress.pitt.edu/BookDetails.aspx?bookId=-34917>.

Billy Collins was Poet Laureate of the United States from 2001 to 2003.

## So much to do this summer!

### Music Performances

#### Summer Concerts on Henderson Lawn, Blacksburg

VT campus 6–7:30 pm Fridays, June 1–July 27, free

[www.performingarts.vt.edu/saf](http://www.performingarts.vt.edu/saf)

#### Music on the Lawn, Christiansburg Library 7–8:30 pm

Saturdays May 12, June 16, July 7, August 18, free

#### Moss Arts Center, [www.artscenter.vt.edu](http://www.artscenter.vt.edu)

Ben Folds and a Piano, Friday, June 8, 8:30 pm

The Crooked Road's Mountains of Music Homecoming: Sierra Hull, Friday, June 15, 7:30 pm

Cube Fest 2018, Thursday, August 9–Sunday, August 12

#### Chamber Music Series [artscenter.vt.edu/performances/chamber-series-special-gems.html](http://artscenter.vt.edu/performances/chamber-series-special-gems.html) free

Wednesday, June 20, 7:30 pm

Friday, June 22, 7:30 pm

Saturday, June 23, 3 pm

#### Market Square Jam, Downtown Blacksburg

Wednesdays, 8–10 pm

### Theatre Performances

**Studio Theatre**, Squires Student Center, Virginia Tech, free, but please make reservations:

[www.performingarts.vt.edu/summer-arts-festival](http://www.performingarts.vt.edu/summer-arts-festival)

*Charlotte's Web*, June 16, 17, 18, 2018, 2 pm and 4 pm; tickets available beginning June 1

*Fiorello*, August 10 and 11, 2018, 7 pm;

tickets available beginning July 23

*Walk to Freedom: The Mary Draper Ingles Story*

Outdoor drama, June 22–24, July 13–15, July 27–29,

Nesselrod B&B, Radford, [www.nesselrod.com](http://www.nesselrod.com)

### Movies **The Lyric Theatre**, Blacksburg, [thelyric.com](http://thelyric.com)

#### Summer Classic Matinee Series

Saturdays and Wednesdays 3 pm, free

June 9, 13 *The Manchurian Candidate*

July 7, 11 *Raiders of the Lost Ark*

August 11, 15 *Double Indemnity*

Saturday, July 14 *Grease* 40th Anniversary Screening, 7 pm

regular admission charges followed by a *Grease* dance fest

#### June Film Schedule

June 8–14 *Tully*

June 15–21 *RBG*

June 22–28 *Disobedience*

June 29–July 5 *The Seagull*

### Special Events: Blacksburg

[www.performingarts.vt.edu/saf](http://www.performingarts.vt.edu/saf)

**Summer Solstice Festival** Saturday, June 16 1–11 pm

**Independence Day Celebration** Monday, July 4

Parade 2–3 pm and fireworks 9:30 pm

**Art at the Market** Saturday, July 21 9 am–2 pm

**Steppin' Out Street Festival** Friday and Saturday August 3 and 4, 10 am–10 pm

**Market Square Jam** Wednesdays through Sept. 26, 8–10 pm

**Senior Programs** (trips, classes, events)

[www.blacksburg.gov/recreation](http://www.blacksburg.gov/recreation)

### Special Events: Christiansburg

[va-christiansburg2.civicplus.com/index.aspx?NID=595](http://va-christiansburg2.civicplus.com/index.aspx?NID=595)

**Independence Day Celebration**, Monday, July 4

**Montgomery Museum Heritage Day**, Saturday, August 26

**Senior Trips** (Barter Theater, Wohlfahrt Haus Theater, baseball, more) [va-christiansburg2.civicplus.com/index.aspx?NID=797](http://va-christiansburg2.civicplus.com/index.aspx?NID=797)

**Kiwanis Wilderness Trail Festival**, Saturday, September 15, 9 am–4 pm Crafters, live bands, food trucks, antique and classic cars, craft demonstrations, open jam, community stage, children's area

### Farmer's Markets

**Blacksburg**, Corner of Roanoke Street and Draper Road, April–October, Wednesdays 12–6 pm; Saturdays, 8 am–2 pm

**Christiansburg**, Hickok Street, May–October, Thursdays 3–7 pm

### New River Valley Garden Tour 2018

Saturday, July 7, 9 am–5 pm

See seven wonderful summer gardens. Tickets available beginning June 1 at public libraries

[mfrlfriends.org/gardentour.html](http://mfrlfriends.org/gardentour.html)

### HD Broadcasts: Ballet, Theater, Movies

**Regal New River Valley**, 110 New River Road, Christiansburg

**Bolshoi Ballet:** June 10 *Coppelia* 12L55 pm \$18

**National Theatre Live:** June 12 *The Curious Incident of the Dog in the Night-Time* 7 pm \$18

**Classic Movies** 2 pm, 7 pm \$12.50

June 24, 27 *West Side Story* (1961)

Jul 15, 18 *Big*, 30th anniversary

Aug 5, 8 *The Big Lebowski* 20th anniversary

Aug 26, 29 *South Pacific* 60th anniversary

## LLI Courses and Events Fall 2018

The Lifelong Learning Institute (LLI) at Virginia Tech will mail its catalog of fall 2018 courses and events in mid August. Registration opens August 27. If you have been a member of LLI, you will automatically receive a catalog. If you were not a member and would like to get on the mailing list, please complete the form at [www.cpe.vt.edu/lifelonglearning/](http://www.cpe.vt.edu/lifelonglearning/) Course information will soon be available at this website.

Most courses will begin the week of October 1 and end the week of November 5, but some start earlier or end later. Courses last 3–6 weeks. The catalog will include descriptions of the courses and instructors, but here is a list to help with your planning now.

In addition to these courses, LLI will offer 23 one-time events in the fall of 2018, beginning in September.

### Monday courses

Finding Hidden Treasures in the Archives, 9–10:30 am  
Perspective Drawing Salvador Dali Style, 10:30 am–12 pm  
Investigating the Kennedy Assassination 11 am–12:30 pm  
Conversational Spanish, 11 am–12:30 pm  
Reconsidering the Beatles, 1–2:30 pm  
You Can Cook Chinese, Too 1–3:30 pm  
Wine Appreciation, 3–4:30 pm

### Tuesday courses

Sampler, 9–10:15 am  
TED Talks, 10:45 am–12:15 pm  
Scenes from the History of Virginia Tech, Part Two, 1–2:30 pm  
Organizing Photographs and Creating Scrapbookss, 1–2:30 pm  
George Eliot's *Middlemarch*, 1:30–3 pm

### Wednesday courses

*Moby Dick*—An Unconventional Classic, 9–10:30 am  
Learn Duplicate Bridge, 9–10:30 am  
Modern Turkey: Experiment in Democracy, 11 am–12:30 pm  
Poetry—Words that Sing and Dance, 1–2:30 pm  
Basics of Digital Photography, 3–4:30 pm

### Thursday courses

Global Changes IV, 9:30–11 am  
FUNdamentals of Plant Propagation, 11 am–12:30 pm  
Founding Principles of the American Regime, 1–2:30 pm  
The Supreme Court and the Criminal Process, 3–4:30 pm

### Friday courses

Water Color with Jesi, 9 am–12 pm  
Facebook for Beginners, 9–10:30 am  
Novels of Marilynne Robinson, Part Two, 11 am–12:30 pm

## 2018 Tax-Aide Program Serves 1,326 Clients

The AARP Tax-Aide Program and its 25 volunteers provide tax counseling to many local clients. In 2018, the program served:

- 1,326—total clients (151 more than in 2017)
- 1,038—electronically filed returns
- 19—amended returns
- 9—paper (4) and prior year (5) returns
- 292—question-and-answer clients (80 more than in 2017)

The clients were diverse:

- 63 was the average age (range was 17 to 104 years of age)
- 54% were single
- 39% filed joint returns
- 1% were married filing separately
- 6% were Head of Household

Thanks to Pat Ballard, the program coordinator, and Dianne Rencsok, coordinator of volunteer training, and all the volunteers for this service.

**Volunteers** are always welcome to serve as greeters or tax counselors. Training is available. If you can contribute, please contact Pat Ballard at [pballard@vt.edu](mailto:pballard@vt.edu), or 382-1189.

## Med-Ride Transportation Services

by Wendy Baldwin

In the April 2018 AARP newsletter, I wrote about transportation options that help seniors live in place. Since then I've received information about an Agency on Aging program called Med-Ride that serves the New River Valley.

Med-Ride is funded by the United Way and other local charities. Volunteers help get people to health-related services. Wheelchair accessible vehicles are available. A partner program—Mobility Coordination—helps keep eligible individuals from missing non-emergency health services. Services are available to residents of the NRV including Montgomery, Pulaski, Giles, and Floyd counties and the city of Radford.

If you do not drive, do not have access to a ride, or cannot afford public means of transportation and do not have Medicaid transportation coverage, you may qualify. Eligibility is determined by a phone assessment. A modest fee is charged, depending on ability to pay (minimum of \$5 per trip). Transportation is provided to non-emergency health visits in the NRV and beyond. This might be a good option for you or for a friend or neighbor.

Med-Ride is also a volunteer opportunity. You can make donations or offer to drive for the program.

To inquire about volunteering or to set up service, call Mobility Coordination and Med-Ride at 540-980-0754 or 540-994-2632, or visit online at [nrvss.org/pages/Medride.htm](http://nrvss.org/pages/Medride.htm). If you could benefit from this service or know someone who could, please reach out with these numbers.

## Micah's Pets—Helping Low-Income Seniors at Warm Hearth Village



by Karen Nelson

Over the past two months I have shared information with you regarding the Neighbors in Need and Micah's Programs at Warm Hearth Village. Each year we evaluate the programs serving our neighbors for their effectiveness and to determine if there is a need for additional programs. This past year as we evaluated our programs we learned that 40 households who own a pet and currently receive food and toiletry assistance each month, struggle to supply adequate food for the health and care of their pet. This includes cat food, dog food and kitty litter.

While owning a pet can increase the financial struggles for low income seniors, the benefits of pet ownership can far outweigh those struggles. According to AgingCare.com, for senior pet owners who often live alone, pets can help reduce stress, lower blood pressure, increase social interaction, increase physical activity levels and help them learn. In addition, pets can reduce depression and lessen loneliness. In fact, pets directly benefit too, particularly when older folks adopt older pets. "These lucky pets go from the pound to paradise. Since most of the adopters are retired, they have lots of time to devote to a previously unwanted pet," says Chicago veterinarian Tony Kremer, who with his wife Meg, operates Help Save Pets—Humane Society.

Over the past year our Service Coordinator has learned that our residents were taking food from the Micah's Soup for Seniors program distribution to feed their pets. To ease the financial burden for our neighbors and ensure that the food from our Micah's program is being used for the residents' nutritional needs, we began working to implement a new program that would help provide dog and cat food as well as kitty litter for neighbors in need on our campus.

Thanks to the generous support of a donor in the community, the Micah's Pets program was launched in March 2018 and is now serving 40 households in our Trolinger and New River House apartments. Our efforts include education for neighbors



on the importance of feeding their pets a consistent diet to avoid digestive issues. Based on this effort and with recommendations from local veterinarians, our program provides Purina Beneful products for dogs and Purina Cat Chow brands for cats.

In addition to the support provided for seniors needing health-care services on our campus and the Micah's Programs serving low

## Blacksburg Community Center, Senior Programs

by Wendy Baldwin

How often have you heard that someone came to Blacksburg to go to Tech and then stayed? That describes so many people I know, including Joy Herbert, Senior Programs Supervisor at the Blacksburg Community Center. Joy is well known to AARP and a fabulous partner for our board meetings, monthly membership meetings, and event planning. She has quite a range of responsibilities covering educational and health and fitness programs as well as trips and special events. Whew! Her time here speaks to the support she has received from those at the Recreation Center, which helps make it the terrific resource that it is. While many seniors in the area have taken these programs to heart, Joy says she always sees some new faces as the program of events unfolds.



Joy Herbert

So, did Joy just take over a thriving program and keep it going? No, not at all. When she came to the Center there was no program for older adults. She says she was lucky to get so much help from volunteers, but it did mean starting the program from scratch. "If it weren't for our volunteers, we wouldn't have a senior program and most likely would not have had the art and community rooms built onto the community center."

It is a tribute to her efforts that the center is at capacity now, but what a great problem to have! New ideas are always welcome, it is just the challenge of finding space for them. Over her nearly 24 years at the Center Joy said so many members stand out to her. One who is still traveling with Joy is now 95. Over those years she has seen friendships form and grow, individuals thrive and enjoy the opportunities that the Center offers. "It's great that many friendships have been formed because of our programs," says Joy. These programs enhance the quality of life, socially and emotionally for all who participate.

income seniors in independent living the Warm Hearth Foundation also provides assistance on a limited basis for individual needs that cannot be met through any other assistance program in the community. These needs may include emergency dental procedures, dentures, mattresses and bedding, lift chairs, and other needs as they arise. These needs are provided for through our application-based Resident Assistance Fund.

As you can see the Warm Hearth Foundation works to meet a variety of needs on our campus.

If you would like to learn more about how you can become personally involved with any of our programs, please contact Karen Nelson at 540-443-3406 for more information.

## Legislative Report *by Val Coluni*

**2018 General Assembly.** Inputs from recently elected Delegate Chris Hurst, who represents District 12 (significant parts of the New River Valley). I met with Del. Hurst Monday, May 21, at the Blacksburg Public Library.

### A. Major disappointments

- Failure to pass a state budget for the next fiscal years. Several special meetings have already been held in Richmond, most recently during the week of May 28.
- Failure to provide affordable health care for all citizens (Since the interview, the General Assembly passed Medicaid expansion.)
- Failure to agree on a strategic educational plan to increase/improve the skills levels of our work force. This is critical for economic development in our state.

### B. Major accomplishments

- 14 bills that Chris sponsored or co-sponsored were approved in committees; four were submitted and approved by all decision makers and soon will be effective in our state laws. These subjects covered vehicle taxes in one of our communities, revisions to two town charters, and a critical change to the state felony law. We continue to work in special sessions on the state budget and Medicaid expansion for thousands of our citizens.

### C. Concerns for the future

- An effort by some to develop “hybrid” health care plans with lower benefits that are now required in the Affordable Care Act. Yes, the costs will be somewhat lower but it will have an adverse effect on the Affordable Care Act
- Work force skills: the difficulty convincing all our stakeholders (students, citizens, government representatives, employers and others) we must be BOLD in solving the problems of the inadequate skills levels of our work forces. The quickest way to correct the problem is free tuition at our community colleges, technical/trade schools, and other educational institutions to be financed by all appropriate stakeholders. Our future depends on this bold effort.

**Consumer Financial Protection Bureau (CFPB).** This federal agency was created in 2010 following the financial crisis to protect consumers from predatory lending. It is going through significant organizational changes to cut costs and to now broaden its mandate to protect lenders, not only the consumers. Some suspect there are political motives for these changes, but the changes do have support of some members of both parties. The changes have an effect on their enforcement operations. In addition, the interim director (Mick Mulvaney) sees the agency's mission in a much different way than the previous director. If you have a critical need to use the agency, proceed with urgency.

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**AARP Website:** [www.blacksburgaarp.org](http://www.blacksburgaarp.org)

Newsletter editors: Carolyn Rude, Sandra Griffith

## Primary Election June 12

### Dual Primary in Congressional District 9

Both the Republican and Democratic parties will hold primaries for the US Congress on June 12. The 9th Congressional District (southwestern Virginia) will hold a Dual Primary, meaning that both primaries will be held in the same polling place. Voters will choose either the Republican or Democratic ballot when they go to vote.

### Republican ballot: US Senate

On the Republican ballot, voters will choose from three candidates for US Senate (to run against the Democratic nominee and incumbent Tim Kaine):

- Nick J. Freitas
- E. W. Jackson
- Corey Stewart

The Republican candidate for the US House of Representatives and incumbent, Morgan Griffith, is running unopposed for the Republican nomination.

### Democratic ballot: US House of Representatives

On the Democratic ballot, voters will choose from two candidates for US House of Representatives (to run against the Republican nominee and incumbent Morgan Griffith):

- Anthony Flaccavento
- Justin Santopietro

The Democratic candidate for US Senate and incumbent, Tim Kaine, is running unopposed for the Democratic nomination.

For nonpartisan information on all of these candidates, visit [vote411.org](http://vote411.org).

To check your voter registration status or your polling place, visit [elections.virginia.gov](http://elections.virginia.gov).



### Blacksburg Chapter #2613

Chapter meetings are the third Tuesday of each month at the Blacksburg Community Center, Patrick Henry Drive at 11:30 am. There are no meetings in July or August. Board meetings are the first Tuesday of each month at the Blacksburg Community Center at 10:00 am.

### Chapter Officers 2018

President • Wendy Baldwin, [wendybburg@gmail.com](mailto:wendybburg@gmail.com)  
Vice President • Jerry Niles, [niles@vt.edu](mailto:niles@vt.edu)  
Secretary • Pat Hyer, [hyerp@vt.edu](mailto:hyerp@vt.edu)  
Treasurer • Pat Ballard, [pballard@vt.edu](mailto:pballard@vt.edu)  
Assistant Treasurer • Ruth Anne Niles, [rniles2@icloud.com](mailto:rniles2@icloud.com)


### Board of Directors

- 2018—Wendy Baldwin, Ryan Martin, Lisa Moose
- 2019—Tamara Hodsdon, Peter Magolda, Jim Montgomery, Wanda Smith
- 2020—Isabel Berney, Jeananne Dixon Bame, Hugh VanLandingham



Blacksburg Chapter #2613  
 Wendy Baldwin, President  
 P.O. Box 10082  
 Blacksburg, VA 24062

**Nonprofit  
 Organization  
 U.S. Postage  
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 Blacksburg, VA  
 Permit No. 32**

**Blacksburg Chapter  Member Application for 2018**

Name: \_\_\_\_\_

Spouse/Partner: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Annual (Calendar Year) Dues: **\$15.00** (includes spouse or partner)

New \_\_\_ Renewal \_\_\_ 90+ years old (free) \_\_\_

Please consider an additional donation to support our AARP chapter and its projects. \$10\_\_\_ \$25\_\_\_ \$50\_\_\_ \$100\_\_\_ Other \$\_\_\_

Donations to the Blacksburg Chapter help us carry out our mission and community service activities while keeping member dues as low as possible. However, donations to the chapter are not tax deductible.

Please make your check payable to "Blacksburg AARP Chapter #2613."  
 Mail the check and this form to: .

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