

Blacksburg AARP Newsletter

(Chapter #2613)



February 2025



Pam Knox and Fred Piercy, Editors



John Burton and Pat Ballard
AARP Blacksburg Co-Presidents

Co-Presidents' Message -- February, 2025

As many of you know, Pat Ballard and I (John Burton) have been sworn in as co-presidents for 2025. Rather than making this message particularly inspirational or educational, we want to do three things: Thank our predecessors, explain how we will function and our priorities, and address the Chapter's future.

First, we need to thank Jerry Niles and Don Creamer for their most recent stints as co-presidents of our chapter. For those of you who attended the Holiday Luncheon this year, the list of accomplishments by the chapter was included with the program. It is a very long list of achievements, many of which were due to the leadership of Jerry and Don. They not only ran the operation well, but they also contributed a great deal of the service work the chapter accomplished last year themselves. They epitomize our motto, "to serve, not to be served." They will be a tough act to follow.

Second, we want to talk briefly about the next year. Pat and I will serve as co-

presidents. In practice, Pat will run most of the meetings. I will continue as secretary (I'm too old to talk and write at the same time), write messages such as these, and correspond with members and other senior-serving groups as required. Don and Jerry will assume the roles of co-vice presidents. Jamie McReynolds will assume the role of treasurer. Pat will work with him to complete our annual report and close out 2024. Our priorities are to continue the efforts of our past leadership: To support and improve the quality of life for the members of our community, with a particular, but not exclusive, emphasis on seniors. We will continue to be concerned about food insecurity, safety, and veterans. We also will continue to support and work with others that share our concerns and efforts. To this end, we will continue to build partnerships. We recognize that the demise of many of the AARP Chapters in our area makes it necessary for our footprint to extend beyond Blacksburg and Montgomery County. As suggested at our last board meeting, we will explore changing the name of our chapter to be more inclusive of the broader New River Valley. This is a reflection of the ongoing efforts occurring over the last few years in an attempt to fill the vacuum left by the closing of those chapters. Name change or not, we will continue to serve the broader community.

Finally, we need to address the elephant in the room. Why are our past co-presidents now our co-vice presidents? Why is the current secretary also a co-president? We can safely say that it is not because the people in those roles wish it to be so. Our chapter continues to need people to step up and assume positions on the Board and as officers. If you believe in what our chapter is trying to do, then consider sitting in on one of the Board meetings. They take place on the first Tuesday of every month from 10:00-11:30 at the Blacksburg Community Center. You are most welcome to attend. And if, after the meeting, you think you can see yourself as a member of the board or in another leadership role, please approach someone on the Board and tell them. We are all busy, and also know that if you want to find someone to get things done, you need to ask someone who is already busy. An organization needs new engaged members in leadership to stay healthy and vital.

We look forward to a productive and educational year for our chapter and we hope each of you has a banner 2025.

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Blacksburg Chapter #2613

Chapter Officers 2023

Blacksburg Chapter #2613

Chapter Officers 2024

Co- Presidents – Pat Ballard, pballard@vt.edu, and John Burton, jburton@vt.edu

Co-Vice Presidents -- Jerry Niles, niles@vt.edu, and Don Creamer, dgc2@vt.edu

Past Co-Presidents – Jerry Niles, niles@vt.edu, and Don Creamer, dgc2@vt.edu
Secretary – John Burton, jburt@vt.edu
Treasurer – Jamie McReynolds, revmcr@gmail.com

Additional Board Members:

Wilma Dotson, wdotson7@juno.com
Joy Herbert, jherbert@blacksburg.gov
Pat Hipkins, phipkins@vt.edu
Jackie Jones, jhjones1226@gmail.com
Judith Jones, judith@vt.edu
Pam Knox, knoxphd@comcast.net
Jamie McReynolds, revmcr@gmail.com

Board of Directors (term ending date)

2025: Pam Knox, Wilma Dotson, Pat Hipkins

2026: Jackie Jones, Jamie McReynolds

Committee Chairs

Awards: John Burton, jburt@vt.edu

Care: Vacant

Chaplain: Sandy Birch, birch@vt.edu

Community Service: Judith Jones, judith@vt.edu

Hospitality: Terry Wildman, wiley@vt.edu

Leadership Development Co-Chairs: Jerry Niles, niles@vt.edu, and Don Creamer, dgc2@vt.edu

Legislative: Vacant

LLI Partnership: Jerry Niles, niles@vt.edu

Membership Communication: Don Creamer, dgc2@vt.edu

Membership: Wilma Dotson, wdotson7@juno.com

Newsletter Co-Chairs: Pam Knox, knoxphd@comcast.net and Fred Piercy, Piercy@vt.edu

Program Co-Chairs: Wendy Baldwin, wendybburg@gmail.com and Pat Hipkins, phipkins@vt.edu

Liaisons:

AARP Virginia Liaison: Jackie Jones, jhjones1226@gmail.com

Community Foundation Liaison: Vacant

TOB/BCC Liaison: Joy Herbert, jherbert@blacksburg.gov

VTRA Liaison: Vacant

Upcoming Chapter Speakers



Anna Zeide

Tuesday, February 18 -- ""Foods that tell America's story." Speaker: Anna Zeide, Associate Professor, VT Department of History; Founding Director of the Food Studies Program in the College of Liberal Arts and Human Sciences. 11:30 - noon, coffee and conversation; noon - 1:00pm, presentation. Place: Community Room, Blacksburg Community Center.

Dr. Zeide studies food as a way of understanding environmental change, dynamic

cultural practices, consumer behavior, technology, health, and justice. Her first book, **Canned: The Rise and Fall of Consumer Confidence in the American Food Industry** (University of California Press, 2018) won a James Beard media award in 2019. Dr. Zeide co-edited **Acquired Tastes: Stories About the Origins of Modern Foods** (MIT Press, 2021). Her second book is **US History in 15 Foods** (Bloomsbury Press, 2023). She's now working on a history of food waste and a project that brings together memoir, history, and natural history.



Eli Vlaisavljevich

Tuesday, March 18, 2025 – “The Histotripsy Device: an Ultrasound Therapeutic Tool to Target and Destroy Diseased Tissue, including Cancer.” Speaker: Eli Vlaisavljevich, Associate Professor and Kendall and Laura Hendrick Junior Faculty Fellow, VT Department of Biomedical Engineering. 11:30-noon, coffee and conversation; noon-1:00pm, presentation. Place: Community Room, Blacksburg Community Center.

Dr. Eli Vlaisavljevich earned his B.S from Michigan Technological University, and M.S. and Ph.D degrees from the University of Michigan. His research interests include focused ultrasound, non-invasive tissue ablation (HIFU, histotripsy), tissue regeneration, and cancer. Prior to joining Virginia Tech, Dr. Vlaisavljevich worked on his graduate degrees in the Histotripsy Lab at the University of Michigan (2010-2015) and then spent two years working at HistoSonics (2015-2017) on the development of histotripsy for the treatment of liver cancer.

The overarching goal of his laboratory is to investigate the physical mechanisms with which ultrasound interacts with tissue in order to develop non-invasive therapies for a wide range of clinical applications. More information about Dr. Vlaisavljevich's research group can be found at: <https://ultrasound-lab.beam.vt.edu/>.



Shannon and Kitt Abell

Tuesday, April 15, 2025 – “Fraud/ID Theft Prevention and Scam Prevention for Seniors (including Current Fraud Trends Affecting Seniors and Medicare/Medicaid Abuse of Older Persons).” Speaker: Shannon and Kitt Abell, AARP Community Ambassadors, Virginia Senior Medicare Patrol Community Educators. 11:30-noon, coffee and conversation; noon-1:00pm, presentation. Place: Community Room, Blacksburg Community Center.

Shannon graduated in 1976 from Virginia Tech with a B.S. in Finance (Insurance major). After working with Allstate Insurance Company as an Office Operations Supervisor, he joined the Local Office on Aging (LOA) in 1984 and was Director of Senior Services and coordinator of the (VICAP) Virginia Insurance Counseling and Assistance Program and the (SMP) Senior Medicare Patrol program. He retired from LOA in December 2020 after 37 years of service. He joined as a volunteer AARP Community Ambassador and a Community Educator for Virginia Senior Medicare Patrol in 2021.

Kitt worked for 31 years in various local banking management positions with First Federal Savings & Loan, Dominion Bank, Bank of Floyd, Valley Bank and Wachovia; five years in HR with Oak Hall Cap & Gown; and four years at Hope Tree Family Services before retiring in 2021. She also joined as a volunteer AARP Community Ambassador and a Community Educator for Virginia Senior Medicare Patrol in 2021.



Janet Brennend

Tuesday, May 20, 2025 – “Getting to Know Your Local Area Agency on Aging.” Speaker: Janet Brennend, Long-Term Care Ombudsman/Elder Abuse Prevention Specialist. 11:30-noon, coffee and conversation; noon-1:00pm, presentation. Place: Community Room, Blacksburg Community Center.

Janet Brennend provides advocacy services and support for and on behalf of persons residing in long-term care settings as well as to persons 60 years of age and older who

receive long-term care services and support in the community. She works with long-term care providers, long-term care recipients and their families, other advocates, and community-based professionals to enhance the quality of care and the protection of residents' rights.

Ms. Brennend is the co-facilitator of the *Elder Justice Task Force of the New River Valley*, a joint partnership between the New River Valley Agency on Aging and the Women's Resource Center of the New River Valley. She is an active member of the *Southwest Virginia Elder Justice Task Force* and supported the development of the "Silence Isn't Golden" elder abuse education and awareness campaign which received an honorable mention from the Commonwealth Council's Best Practices.

"The important thing is...it is not how many years in your life but how much life in your years."

-- Attributed at various times to Abraham Lincoln, Adlai Steveson, and Edward Stieglitz

Chapter Awards go to Sue Magliaro and Wendy Baldwin



Left: Sue Magliaro receiving the Chapter Service Award from Jackie Jones.

Right: Wendy Baldwin receiving the Community Spirit Award from Jackie Jones.

The Blacksburg Chapter of AARP gives two chapter awards each year: the Chapter Service Award and the Community Spirit Award. At the 2024 Holiday Luncheon both of these awards were presented and members of our chapter.

The Chapter Service Award went Sue Magliaro. Sue chaired the committee that was responsible for planning and executing the 2024 Blacksburg AARP Health Fair. This fair is probably the largest and most impactful event hosted by Blacksburg AARP. This years' Health Fair was a tremendous success, with over 90 vendors and approximately 400 participants. Feedback from both vendors and attendees was overwhelmingly positive. This success was largely due to the hard work of Sue Magliaro. Sue was involved extensively in every step of the process. Without her excellent leadership and organizational skills, this Fair would not have achieved the level of success that it did.

The 2024 Community Spirit Award recipient was Wendy Baldwin. Although Wendy does much to make our community better, she received this award specifically for her leadership in getting the Dolly Parton Imagination Library established in Montgomery County.

When Wendy moved to Blacksburg a few years ago, this program was not active in Montgomery County. In addition to applying for the 501c3 status for the program, she visited civic groups, schools, libraries, festivals, and many other venues to enroll children in the program. The success of her efforts is demonstrated by the

approximately 1600 children in this area who are receiving monthly books from the Imagination Library. She continues to work tirelessly to promote this program, spreading the word to new parents, grandparents, and families throughout the New River Valley.

We congratulate both Sue and Wendy on their accomplishments and thank them for all that they do for our Chapter and Community.

Note: The article above was taken from Jaqueline Jones' presentation of these awards at the 2024 Blacksburg AARP Holiday Luncheon.

Special Recognition of Tina King



**Tina King receiving
A chapter gift from Jerry Niles**

At the Blacksburg Holiday Lunch on December 10, the chapter extended a special recognition to Tina King, Executive Director of the New River Valley Agency on Aging.

Jerry Niles stated that, “Tina is retiring after serving the Agency since 1983 and as the Director since 2007. Under her remarkable leadership the agency has developed an impressive portfolio of programs to support the aging of older persons in our community. The Agency on Aging now provides, for example, 74,000 meals annually to almost 500 people, and facilitated over \$400,000 in savings for individuals through the Virginia Insurance and Counseling Assistance Program (VICAP), which provides counseling on insurance matters. Tina is known for her ability to build effective partnerships to support creative and responsive programming to meet the needs of seniors. Under her leadership programs like Fido's pantry, which supports seniors' pets, and Staples for Seniors have resulted in the Agency receiving three prestigious Best Practice Awards from the State for exemplary programming for seniors.”

Jerry continued, “Tina has been a valued member and partner to the Blacksburg AARP Chapter for many years. All of us in the Chapter, who are aging well in the New River Valley, extend our deep appreciation to Tina for all she has accomplished over the years... making “aging matter” and enhancing lives through caring solutions.” On behalf of the chapter membership, Jerry gave Tina a token of our appreciation, a copy of the book, *"Ageless Aging: A Guide to Increasing Healthspan, Brainspan, and Lifespan."* We invite you to explore valuable resources for addressing issues of seniors and examples of the incredible work that Tina and her colleagues at the Agency on Aging do on our behalf at <https://www.nrvaooa.org>.

Blacksburg AARP Provides Financial Support to Selected Community Services



Blacksburg AARP is committed to support seniors and their families in the New River Valley through, among other things, financial support to selected community

programs. Through the recommendation of the chapter's Community Service Committee, the board approved financial support to a range of community services. Representatives of these services received funds from the chapter at the Annual Holiday Luncheon. These representatives are shown in the photo above. Specifically, they and the organizations/services they represent are:

Left to Right:

Front Row:

Wendy Baldwin - Imagination Library of Montgomery Co. (books for children)

Faye Ashbury - Giles Co. Christians Service Mission (hurricane relief)

Tambra Dixon - Warm Hearth Foundation (for a dementia program)

Alex Strickler - Volunteer Montgomery (supplies for seniors)

Norma Cox - Montgomery Co. Christmas Store (undergarments for seniors)

Back Row:

Crosby Houston - Southwest VA Veterans Cemetery (wreath laying program)

Pat Hyer - Community Foundation of NRV (Blacksburg Senior Center Endowment Program)

Joy Herbert - Town of Blacksburg (senior programs)

Brad Epperly - Christiansburg Department of Parks & Recreation. (senior programs)

Dianne Krallman - St. Michael Lutheran Church (Micah's soup for seniors)

Tina King - NRV Agency on Aging (meals on wheels)

Enjoying the Blacksburg AARP Newsletter?

Pam Knox and Fred Piercy, Editors

We truly hope you are enjoying the first 2025 issue of the Blacksburg AARP Newsletter. We have certainly enjoyed co-editing this newsletter. 2025 will be our third and final year as co-editors. If you are interested in being considered for the position as editor, we'd love to hear from you. Whoever the incoming editor is, we promise to share our tricks of the trade so you can hit the ground running in 2026. (It's been more fun than you might imagine.) Co-editors are also welcome!

Pam Knox (knoxphd@comcast.net) and Fred Piercy (piercy@vt.edu)

Blacksburg AARP Memorial Service – 2024



Sandy Birch

Below is the memorial service Blacksburg AARP Chaplain Sandy Birch gave at the Chapter meeting on January 21, 2025 in remembrance of those Blacksburg AARP (Chapter 2613) members who died in 2024.

“Today we are celebrating the gift of friendships. Some notable quotes include “friends are life’s greatest gift” and “friends are gifts wrapped in ribbons of

thoughtfulness and trimmed with laughter and love.” Or “friends and wine...the older the better.” Today we remember and celebrate four of our departed members who were our friends...four wonderful gifts that we enjoyed and kept for as long as we could.

Jeanie Baker passed away on February 10. She married her high school sweetheart, James Baker, at the age of 17 before attending the University of Missouri in Columbia where she earned both a Bachelor of Nursing and the distinction as the first married nursing graduate. After the family moved to Blacksburg in 1978, Jeanie continued her career in nursing with the Student Health Services at Virginia Tech. She was instrumental in bringing the Schiffert Student Health Center to national prominence. Jeanie was multi-talented and multi-faceted including playing in the adult bell choir at church and sewing clothing and costumes for their three children. After retirement, Jeanie and her husband joined the community at Warm Hearth Village and enjoyed many fruitful years of Saturday night Happy Hours. Jeanie was 84.

Doris Abraham passed away on August 4. She was a practical person who her son, one of her and Bob's four children, said she never wasted anything. Thus her obituary listed several worthy causes that were dear to her heart that could use donations. The first was the Montgomery County Retired Teachers Association who helped send deserving students to college. Doris was also active in Project Linus and knitted many beautiful baby blankets to new mothers in need. The Montgomery County Virginia Mental Health Association was also a favorite of Doris and she served

on the board for many years. Last, but not least, Doris and her husband of 66 years were both very active in politics and she requested donations to the Harris campaign. There will be one less letter writer in the future. Doris was 95.

Todd Solberg passed away on August 29. He was a materials analyst for Geological Sciences at Virginia Tech, a loyal member of St. Michael Lutheran Church, a former member of the Montgomery County Board of Supervisors and a board member of our AARP chapter. But perhaps his outstanding accomplishment was surviving in a household of four lively daughters along with his wife Inga. Even all the cats and dogs the family raised over the years were female. That might be the reason Todd was an avid gardener who spent much of his time outside the house. Todd was 84.

Carol Meacham passed away peacefully at her home on September 28. After husband Tom's service in the Army and the completion on his graduate studies, the couple moved to Blacksburg in 1962 where they raised two children and spent the rest of their lives among family and friends, much of it on horseback. Carol and Tom created miles of trails across Brush Mountain and along Poverty Creek, which are extensively used today. Carol had a lifelong passion for young people and was a beloved preschool teacher at Blacksburg United Methodist Preschool for over 25 years. Her commitment to youth extended beyond the classroom as she became a dedicated 4-H Club leader. An accomplished artist, Carol expressed herself through various mediums, including painting, drawing, sculpting and knitting and she was an award-winning quilter. Carol was 93.

We give thanks today for the gift of these four wonderful friends. We are reminded that "a friend is one of the nicest things you can have, and one of the best things you can be."

And the people say, "Amen"

**"Getting older is like climbing a mountain.
You get a little out of breath,
but the view is much better."
- Ingrid Bergman**

Things to Do in the New River Valley

Please consider the offerings at the Blacksburg Parks and Recreation Center (www.Blacksburg.gov/recreation, Joy Herbert, Senior Programs 540.443.1142 or jherbert@blacksburg.gov) or the Christiansburg Recreation Center (www.christiansburg.org/177/Parks-Recreation), Tammy Calwell, 540-382.2849 ext. 2003 (tcaldwell@christiansburg.org). The outstanding Blacksburg Active Adult Program which includes classes, special events, and trips as well as Christiansburg Recreation and Fitness, Interest Programs and Trips could fill this entire newsletter

column. Please check out their numerous offerings in addition to the things to do as follows:

FEBRUARY

Wednesday, February 5, 2025

High Point University vs Radford University Men's Basketball

7:30PM, Dedmon Center, Radford

SMU vs Virginia Tech (Black Out Game)

9-11 PM, Cassell Coliseum, Blacksburg

Thursday, February 6, 2025

Syracuse vs Virginias Tech Women's Basketball

6-8 PM, Cassell Coliseum, Blacksburg

February 6 & February 7, 2025

"Beowulf"

Benjamin Bagby, voice and medieval harp

7:30 PM, Blacksburg Presbyterian Church, 701 Church Street SE, Blacksburg

Tickets available through the Moss Center Ticket Office

Saturday, February 8, 2025

Longwood vs Radford University Women's Basketball

2-4 PM, Dedmon Center, Radford

Wednesday, February 12

Winthrop vs Radford University Women's Basketball

7-9 PM, Dedmon Center, Radford

Friday, February 14, 2025

Lakecia Benjamin

7:30 PM, Moss Center for the Performing Arts

Saturday, February 15, 2025

U VA vs Virginia Tech (Maroon Effect Game)

2-4 PM, Cassell Coliseum, Blacksburg

Tuesday, February 18, 2005

Czech National Symphony Orchestra

7:30 PM, Moss Center for the Performing Arts

Saturday, February 22, 2025

Native Comedy Jam

7 & 9 PM, Moss Center for the Performing Arts

Thursday, February 27, 2025

KODO

7:30 PM, Moss Center for the Performing Arts

MARCH

Thursday, March 6, 2025

The Dante Quartet

7:30 PM, Moss Center for the Performing Arts

Tuesday, March 26, 2025

The Book of Mormon

7:30 PM, Moss Center for the Performing Arts

Saturday, March 22, 2025

A.I.M. by Kyle Abraham

7:30 PM, Moss Center for the Performing Arts

Tuesday, March 25, 2025

An Evening with Charles Yu

7:30 PM, Moss Center for the Performing Arts

Friday, March 28, 2025

Circa

7:30 PM, Moss Center for the Performing Arts

APRIL

Wednesday, April 2, 2025

Les Arts Florissant

7:30 PM Moss Center for the Performing Arts

AARP Tax-Aide Program



Pat Ballard

The Local AARP Tax-Aide program will be in full swing again this year. The Tax program is a free tax preparation location. We operate out of the Christiansburg

Recreation Center on Monday, Tuesday, Thursday afternoons and Saturday mornings. We also make a trip to the Senior Center in Giles Co. and to the Shawsville Library for a day of tax preparation. If interested in having your taxes prepared with this program, please call 540-382-2349 and make an appointment.

Tax counselors are required to pass an IRS test before they can prepare taxes. We have instruction sessions to enable individuals to pass the test and to prepare returns within our scope. Last season we prepared over 900 tax returns with 22 volunteers.

There are positions that are administrative in nature which do not require someone to pass the test to be a tax preparer. Examples would be public relations, marketing, local coordinator, and client facilitator. If you or anyone you know are interested in working with the Tax-Aide program, please have them get in touch with me (Pat Ballard) at 540-449-1804 or by emailing me at pballard@vt.edu. This program is always looking for new volunteers.

Getting Involved in Blacksburg AARP: A Few Personal Reflections



Wilma Dodson

Although I was living in Floyd at the time, I had been attending chapter meetings in Blacksburg for about two years when I was approached by a board member asking if I would consider serving on the board. Since my personal code of conduct requires that

I give back where I am receiving, I really couldn't say "No". Besides, I thought "How hard can this be? Show up for a monthly meeting and maybe get to know some nice people".

I did show up and of the two or three committees that did not have chairs, one was membership. Since there were no rules or procedures, it was pretty much whatever I wanted to make of it. So--I got to work.

The first thing I did was to make copies of the next three month's chapter speakers along with a short bit of information about the talk. I tucked these inside the AARP Blacksburg brochures and put them in card racks where ever I could find them: Christiansburg and Radford Senior Centers and public libraries to name a few. I also kept a supply with me and whenever I struck up a conversation with a stranger or acquaintance, I would invite them to the next chapter meeting. Some people did show up.

The next thing I did was to visit other organizations, not so much to recruit members, although sometimes that happened, but to make known my presence as a representative of AARP, and especially to announce our next chapter meeting and to extend a warm invitation to those present. At one of the first meetings I attended, NRV Local Women's Group, I recruited a member who eventually became a board member. By joining another group, Blacksburg Newcomers, I recruited another member who eventually became a board member. I also attend meetings for the local NAACP chapter, Montgomery County Retired Teachers and Montgomery Museum. I

was told by Wendy Baldwin that Retired Teachers made a substantial contribution to Imagination Library.

"How far you go in life depends on your being tender with the young, compassionate with the aged, sympathetic with the striving, and tolerant of the weak and strong. Because some day in life you will have been all of these."

-- George Washington Carver

Learn About Eating Healthy and Getting Active Safely as You Age

Staying active and eating healthy are great ways to help manage health problems and prevent new ones. That's why John and Patty make a point to find creative ways to get active indoors and eat healthy! Click here to [Read their story](#).



For more information from the U.S. Department of Health and Human Services about Move Your Way, click on: odphp.health.gov/moveyourway.

**Blacksburg Chapter
Membership Application for 2025 (or join
online: blacksburgaarp.org)**

Name: _____

Phone: _____ Email: _____

Spouse/Partner: _____

Phone: _____ Email: _____

Address: _____

City: _____ State: _____ ZIP: _____

Annual (Calendar Year) Dues: \$15.00 (includes spouse or partner)

New _____ Renewal _____ Life Member (90+) (free) _____ Lifetime member _____

Please consider an additional donation to support our AARP chapter and its projects.

\$10 _____ \$25 _____ \$50 _____ \$100 _____ Other \$ _____

Donations to the Blacksburg Chapter help us carry out our mission and community service activities while keeping member dues as low as possible. However, donations to the chapter are not tax deductible.

Please make your check payable to "Blacksburg AARP Chapter #2613." Mail check and this form to AARP Blacksburg, P.O. Box 10082, Blacksburg, VA 24062.

Dues deadline: January 31 of each year



AARP BLACKSBURG CHAPTER NEWSLETTER

Fred Piercy and Pam Knox, Editors

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Our mailing address is:

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<http://www.blacksburgaarp.org>

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