



BLACKSBURG NEWS

Volume 20, Issue 6

Chapter # 2613

June 2003

ANNUAL PICNIC

JUNE 17 at 11:30 a.m. (rain or shine)

Nellie's Cave Park Shelter

Potluck: Bring a vegetable, salad or dessert to share

Meat, drinks, and eating utensils furnished

Games and Model A antique cars

It is PAST time to pay your 2003 dues.

BLACKSBURG AARP CHAPTER DUES

\$6.00 individual or \$10.00 for husband and wife

Please renew your membership.

PRESIDENT'S MESSAGE

Brian R. Allen

It is June already! Time for our annual picnic at Nellie's Cave Park. The details are in this newsletter. I just want to emphasize how much fun it will be. Not only will there be plenty of good food, but antique cars and outdoor games such as bocce and croquet. If you have never had the chance to play some of these games, our 'experts' will be glad to show you. A good time will be had by all. **Please plan to attend and be sure to bring a friend or two.** This is an excellent opportunity to introduce them to our group. By the way, our membership is up to 229; I think that's the highest ever. Congratulations to Joyce Martin our membership chair and to you, our members. Great job!

I am going to repeat the request made last month for donations for the Senior Center.

We have been very fortunate to receive the generous donation of a wheelchair, in excellent condition, the major item on our list. This was given by Ross Kirk and Carol Crawford; it had been used by their mother, Alene Kirk. Some of you have generously contributed monies, but we have a long way to go. Below is a reprint of the Board's request.

You will notice from the minutes of the last board meeting that your directors voted unanimously to help the Senior Center obtain some much needed items for the facility, as a charitable project for our members as well as a thank you for

allowing us to meet at the center and use the facilities at no charge; we also have our board meetings there. **We are asking your help in raising enough money to cover most items on their list.** They need a wheelchair (\$1,200), some sets of dumbbell weights (\$135), resistance bands (\$75 a box), 10 exercise mats (\$50 each), and 2 convertible cane stools (\$25 each). I haven't totaled these up but you can see what we are trying to achieve.

Donations can be made payable to the Town of Blacksburg and earmarked for the Senior Center. **These donations are fully tax deductible if paid this way!** Please mail or give your checks to Ray Murley, our Treasurer. His address is 1624 Hawthorne Ridge, Blacksburg, VA 24060.

Please do what you can to help in this worthwhile project. Thank you!

Have a great summer, and don't forget that at the September meeting our guest will be the hilarious Doug Martin.

All the best, *Brian*

MEMBERSHIP UPDATE

If you have friends who should be members, please bring them to the monthly meeting and encourage them to join. ***Dues for 2003 can be paid at the meeting or sent to Ray Murley.*** (Make checks payable to Blacksburg AARP.)

Ray Murley
1624 Hawthorne Ridge
Blacksburg, VA 24062-0652

If you have changed your address, be sure to notify Joyce Martin or Don Elson; also, if

you have an e-mail address please give it to one of them.

Have I paid my dues? Check the mail label on your Newsletter. If "2003" appears on the label, you have paid for the current year. When you pay your 2003 dues, the label will read "2003." There has been a question as to the meaning of the "N" at the end of the year on some of your mail labels. "N" denotes that you are a new member.

Those of you who are 90 years old and older do not pay dues. Your label should read "Life Member." The current membership list has the following members that are 90 years of age or older:

Fay Hoy	James McCann
Esther McKenna	Beverly Printz
Nelle Trent	

If you know of corrections to this list, please tell Ray, Joyce, or Don Elson so that our membership records are correct.

AARP MEMBERSHIP LIST UPDATES

If there are corrections to the 2003 Membership List (included in the May Newsletter on green paper), please notify Joyce Martin or Don Elson.

Please update your membership list with the following:

TELEPHONE NUMBER

Bruce and Constance Anderson: 951-1623

ADDRESS

Norman and Anne Grover:
1622 Hawthorne Ridge, Blacksburg

E-MAIL

Clara Jane Billig: clarajaneb@yahoo.com

Edgar and Esther Moore:

eemoore@surfbest.net

Vincent Talley: vtalley@ntelos.net

John and Joan Walker:

jackswalker@aol.com

Blacksburg AARP Chapter Picnic - Tuesday, June 17.

Paul Smeal

We can remember the picnics as a child, then a parent with our children and now as grand parents with children and grandchildren. In addition to the good food and fellowship, there were always the fun and games. To many, the fun and games may be a memory at this stage of life, but it does not have to be that way. There are still the opportunity for the fun and games, but the games have changed from the very active such as softball and touch football, to the more sedate games like croquet, horseshoes, frisbee throwing and Bocce.

At the Blacksburg AARP picnic, June 17th, there will be the opportunity for you to play croquet, horseshoes, throw the frisbee, and learn about Bocce, and to try your skill at it. These games will be set up before the picnic for you to work up an appetite playing them, and to play at them following the meal. Plan this into your schedule.

"You Don't Stop Playing Because You
Grow Old;
You Grow Old Because You Stop Playing."

"As People Grow Up, They Cease to Play
and
They Seem to Give Up the Yield of
Pleasure
Which They Gain from Playing."

AARP 10K-a-Day Pedometer Program

Paul Smeal

The Blacksburg AARP Chapter is participating in the AARP 10K-a-Day Program. The 10K-a-Day stands for 10,000 steps a day - the level where you experience significant health benefits. Our Chapter purchased seventy-five pedometers, and are available to members for \$2.00 and to non-members at \$3.00. The pedometers measures the number of steps taken, and there is a chart with the accompanying booklet converting steps to miles. Contact Paul Smeal to obtain a pedometer as long as supply lasts. More will be ordered if there is a demand for them.

"Movin thru Virginia"

Paul Smeal

"Movin thru Virginia" is a walking program conducted by the Blacksburg Parks & Recreation Department, Seniors Program. One keeps a record of their miles walked, and for every ten miles walked, they color in a Virginia county on their tee shirt. Over fifty persons are participating in this program, cost is \$10 for the shirt, and one can register with Joy Herbert, Senior Supervisor. One can start the program at anytime, and it is your program. There is no recognition for who walks the fastest, the farthest, or completes all the counties first. Talk to those participating in the program, Paul Smeal or Joy Herbert if you are interested. Printed information is available at the Blacksburg Community Center, Blacksburg Town Library and on the Huckleberry Trail kiosks.

LEGISLATIVE TAX REFORM STUDY

Dan Fleming, Legislative Chair

A committee to examine possible tax reform of Virginia's tax structure has been formed and will continue to work during the summer with a report expected in the fall. The topic of tax reform for Virginia is expected to be a major focus of the 2004 General Assembly meeting next January. Members of the study group are: Ben Crawford, Gerald Darby, Carl McDaniels, Jim Moore, Morton Nadler, June Schmidt, and Dan Fleming, Chair.

Dan Fleming, telephone number, 951-1525, or e-mail address, dbfleming@vt.edu.

FUTURE MEETINGS

July and August: NO MEETINGS

September 16: Doug Martin. No title is available but mark your calendars for an excellent program.

AARP 2613 LISTSERV

Frank Lau

AARP2613 ListServ (e-mail) is one year old. Activity has been almost ZERO for the last several months and little before that. I am therefore going to pull the plug on it, for it is not worth \$20/yr to keep it open. Sorry folks, but the work can be large for the activity. I was promised a different program by BEV, which would make it easier, but that has not occurred either. Please subscribe to BEV-Seniors at www.BEV.net where you click on "Seniors", and then go to "Information link" to subscribe. It makes more sense instead of running separately. You will also get the

added benefit of being in touch with 191 members of that list who are ranging from computer literate to beginners. The ListServ is a single address, so there will be no loooooong address list published. No one will know your e-mail address unless you chose to reveal it.

50TH COMMEMORATION OF THE KOREAN WAR

Frank Lau

This July 25-27th, Mt. Tabor Ruritans will be taking over the sponsorship of a trip to Washington DC, for the 50th Korean War Commemoration. Eileen Hadbavny of the Montgomery County Red Cross handled the trip in the past, but she has moved out of state. She will be making the trip and handling the activities honoring our Korean War Veterans. To reserve a seat, please call Frank Lau at 961-0516 or franklau@earthlink.net. Cost will be only a small increase over last year, to \$130/person for double occupancy, or \$200/single occupancy. We again will be staying at Pentagon Comfort Motel. Abbott Trailways will be our carrier, with Mel Bray as our driver/tourmaster. He is extremely good. Hope to hear from you!

SENIOR CENTER SUMMER TRIPS

Joy Herbert, Senior Programs Supervisor

Registration for Blacksburg Senior Center summer trips and programs begins Tuesday, July 1 at 9:30AM. The summer newsletter has been mailed. If you have not received one or would like to be placed on the mailing list, Call Joy Herbert at 961-1134.

ROBERT BLANTON RECOGNIZED



National AARP presented this award and a commemorative pin to Robert Blanton for outstanding community service efforts over the past year.

Your support has enriched the lives of friends and neighbors and made your community a better place in which to live. We join with your state organization in commending and thanking you for the tremendous gifts of your time and talent. The kind of commitment and caring you demonstrate in bringing ARP closer and closer to achieving our Vision: A society in which everyone ages with dignity and purpose and in which AARP helps people fulfill their goals and dreams.

BOARD OF DIRECTORS MONTHLY MEETING – JUNE 3, 2003

Present: June Schmidt, Joyce Martin, Bob Blanton, Jim Moore, Frank Lau, Jim Owen, R.B."Ben" Crawford, Paul Smeal, Charlotte Beamer, W. Ray Murley, Cerrie Coil, Clara Jane Billig, Donald E. Elson, Dale Oliver, Dan Fleming, Carl McDaniels, Brian R. Allen, Phyllis Talley

The June 6, 2003 Board Meeting was called to order by president, Brian Allen at 9:30 am. The Agenda was approved. Minutes of May 11 were approved as corrected.

Treasurer's report: W. Ray Murley

Balance: May 6, 2003	\$1238.17
Income:	<u>\$1094.29</u>
Expenses: - \$189.48	
Balance, June 3, 2003	\$2142.98

Items of Interest:

Special Events: Paul Smeal reported on the highly successful AARP 10-K Pedometer & Active for Life program. Ray Murley moved that the Chapter purchase a supply of AARP pedometers. Motion carried. Purchases of AARP items through the Chapter treasurer is a reflection of chapter activity. Paul has arranged with Parks and Recreation to borrow outdoor game equipment that will be available and enjoyed at the June 17 picnic.

COMMITTEE & COMMUNITY SERVICE REPORTS:

Membership: Joyce Martin reported 229 chapter members-to-date. Effort continues to encourage National AARP members to activate membership in the local Chapter. Jim Moore moved that the chapter sponsor an AARP ' free breakfast' either in conjunction with a regular meeting, or, as host of a Senior Center Breakfast Get-Together. The motion passed.

Bylaws: Jim Moore, Ben Crawford and Don Elson will review the bylaws, especially the structure of dues payment.

Program: Ben Crawford recently promoted AARP membership at the Blue Ridge Consumer workshop. Future programs: June 17, Picnic at Nellie's Cave Park, September 9, Douglas Martin will present program. October 14, program related to legislation and/or voting; December 2, Christmas luncheon.

Legislative: Dan Fleming noted the issue of Virginia retirees and future tax reform policy.

Hospitality: article will be in the Newsletter about the picnic, June 17.

Awards: Bob Blanton reported that Ben Crawford is being recommended for the Andrus Leadership Award.

Misc.

AARP ListServe: Frank Lau moved that the chapter discontinue this service. The motion passed. The same information reaches members through BEV Seniors ListServe.

AARP community service contributions that have been received include a like-new wheelchair for the Senior Center.

Fun and Games, Classic Cars - **June 17, AARP Picnic - Nellie's Cave Park.**

Meeting adjourned: 10:40 Phyllis Talley, secretary

BLACKSBURG AARP CHAPTER #2613
MEMBERSHIP RENEWAL OR NEW MEMBER APPLICATION

Membership in the Blacksburg AARP Chapter requires membership in National AARP.
If you are already a member, please pass this form on to a friend that should be a member.

Name: _____ Spouse: _____

Address: _____ City: _____ Zip: _____

Phone: _____ - _____ - _____ E-Mail: _____

Membership: _____ Renewal
 _____ New Member(s)
 _____ Single membership dues **\$6.00**
 _____ Joint Husband and Wife dues **\$10.00**

Complete, attach check, and bring to the next Membership Meeting or mail to:

Ray Murley
1624 Hawthorne Ridge
Blacksburg, VA 24060

Cut -----

Brian R. Allen, President
AARP Chapter #2613
P. O. Box 10652
Blacksburg, VA 24060

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Officers

President	Brian Allen
1 st Vice-Pres.	Joyce Martin
2 nd Vice-Pres.	Jim Owen
Secretary	Phyllis Talley
Treasurer	Ray Murley
Assoc. Treasurer	Jim Moore
Past President	Ben Crawford

Board of Directors

Class of 2003

Charlotte Beamer
Ray Murley
Lula Roberts

Class of 2004

Dan Fleming
Paul Smeal
Shirley Strother

Class of 2005

Carl McDaniels
June Schmidt
Joyce Martin

Nominating Committee

Class of 2003

Darrel Clowes
Lula Roberts
Vincent Talley

Class of 2004

Ben Crawford
Harriet Cooper

Newsletter Editor

Donald Elson

Committee Chairs

Caring
Chaplain
Chapter Awards
Community Service
Financial Planning
Health Care
Hospitality

Legislative
Membership
Newsletter
Nominating
Program
Public Relations
Telephone
Ways & Means

Lula Roberts
Ken Dawson
Bob Blanton
Louis Barnett
Dale Oliver
Darrel Clowes
Clara Jane Billig and
Cerrie Coil
Dan Fleming
Joyce Martin
Don Elson
(open)
Ben Crawford
June Schmidt
Charlotte Beamer
Jim Moore

Virginia Tech Retires Association Dan Fleming